#### Hierarchy, Lowerarchy and Related Issues

## Some Sharings on LinkedIn

By Alan Rayner, March - September 2020

#### In chronological order

Hierarchy imposes its will as 'power over objectified other'. It's what we think is needed to avoid anarchy when we have lost sight of the truly co-ordinating receptive influence at the heart of natural organization in the flow of life, which I'm more inclined to think of as 'lowerarchy' - the humility of the valley, which gathers life into its reach. Truly to understand a tree, it's necessary to understand how it grows as it flows as a solar-powered 'fountain of the forest'.

I often wonder what is the point of saying this, when (almost) no-one takes a blind bit of notice. But then, that IS the point of saying it. Contrary to popular neo-Darwinian belief, we are NOT born selfish. We are born NEEDFUL. Human abuse of power co-evolves with abuse of Nature, and the misrepresentation of evolution as the result of a 'struggle for life'. https://medium.com/@admrayner/evolutionary-flow-113b13018a27

The central principle of natural inclusion remains as it always has been for me, which is to recognise the reality of natural energy flow in continuous space as the evolutionary source of material diversity. I've come to realise very recently (via the LinkedIn conversations) that this is why NI can be thought of as the 'Natural Philosophy for a VUCA world', in which it is profoundly unrealistic and unwise to try to define anything in absolutely categorical terms. We can make temporary distinctions but not fixed rules. And that also has implications for 'leadership', notably the difference between domineering governance and receptive-responsive co-ordination. <a href="https://lnkd.in/df4heyj">https://lnkd.in/df4heyj</a> hashtag#scienceandenvironment hashtag#societyandculture

All falls digitally into bytes when space is forced outside of one. All flows continuously into place when space is allowed inside one. <a href="https://medium.com/@admrayner/cold-warm-geometry-how-rigid-fluid-structures-affect-our-human-relationships-and-sense-of-4557d6a5cf84">https://medium.com/@admrayner/cold-warm-geometry-how-rigid-fluid-structures-affect-our-human-relationships-and-sense-of-4557d6a5cf84</a>

Our worldview transforms radically when we stop thinking in terms of 'lines of force' and start thinking in terms of 'channels of influence'. All then starts to flow into place instead of falling to pieces. cf <a href="https://lnkd.in/dPeZ47e">https://lnkd.in/dPeZ47e</a> <a href="https://lnkd.in/dPeZ47e">hashtag#geometry</a> <a href="https://lnkd.in/dPeZ47e">hashtag#space</a> <a

there is a radical difference between expansive natural flow-networks, such as fungal mycelia, which arise through the growth, branching, anastomosis and degeneration of dynamically bounded spatial channels of communication, and restrictive networks formed by structural cross-linking between nodes. cf <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

Speaking of natural dynamic balance through the confluence of Earth, Air, Fire and Water in Receptive Void...this might be the way to go:- <a href="https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908">https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908</a>

Response to 'Realm/Protocol stacking' model on LinkedIn:-

I have been dipping in and out of this article in an attempt to understand the essence of the underlying intention and not get too distracted by the technicalities. As a bit of a 'simple-minded' and intuitive person, primarily motivated by heartfelt feeling and only secondarily by intellectual rigour, this is something I have always been prone to do. The imagery of 'stacking' was just not enthusing me until just now, when the metaphor of aircraft 'stacking' around a 'receptive' airport came to mind, along with the imagery of bees circling around a hive prior to and following landing and take-off. Ah, yes! Now something gels! We can imagine 'stacks' or 'realms' as dynamically bounded arenas or vistas that yield progressively wider or narrower concentric views of reality that all nonetheless confluence around a receptive 'zero-point' or 'ground zero', as a centre of orchestrating influence rather than controlling power. And that relationship between central receptive stillness and orbiting responsive circulation is the essence of natural inclusion. It is also the essence of 'self-identity' as a centre of receptive responsive awareness (aka 'consciousness) within and as a local expression of natural neighbourhood.

RE 'How, when and why do things evolve':-

How this question is answered will depend fundamentally on whether the underlying basis for explanation is objectivistic or fluid. I once reviewed a book by Richard Dawkins describing a digital genetic 'River Out of Eden' - and what a clunky river that was!! I find it helps to consider the question 'how when and why does a real river branch into tributaries and distributaries?' The answer is very different from Neo-Darwinism and its abstract cart-before-the-horse thinking, whereby an imagined future pressurizes (as distinct from invites) the current.

RE is it suck or blow?

Indeed, you can't have one without the other. The suck is the receptive influence that brings the responsive blow, as any eye of a storm will attest, but positivism will deny

RE 'The spiral dynamics diagram shows that <0.1 % of the population has a global view':-

The hope that I sustain is that we are all born with a sense of dynamic natural inclusion within infinite space but are then taught to suppress this with the definitive box-logic that sets us at odds with our neighbourhood. The potential to reverse this suppression therefore resides 'as a cavity at heart' deep within us. We just need a little assistance to admit the receptive void into our consciousness. Then we can invert the spiral dynamics map for good.

What I feel has gone missing, and is so desperately needed, is a deep understanding of the fundamental nature of natural and human communities as inherently dynamic and diverse gatherings together. Such understanding depends on a perception of evolutionary reality and leadership that is radically different from that which currently predominates. See

# https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908

The Eternal Now is the receptive void space and everlasting Grace of natural inclusion, the Being within and beyond the Becoming. The Becoming is the current of energetic pulse and circulation between and around local receptive centres of space embodied as flow-forms. Each naturally includes the other as Stillness and Motion in co-creative partnership. To isolate them is Souldestroying. To conflate them is de-Spiriting. They are aspects of Love brought to Life in Body.

This can be understood scientifically, artistically and spiritually, grounded in the actual life experience of reasoning Mind and feeling Heart.

That's how it all appears to me. How about you?

Then to a response mentioning 'energetic pneumatology':-

"Thanks. I sense a strong affinity between your understandings and mine, coming together from different angles. I have always understood natural evolutionary processes in terms of flow and pressure gradients, whereby void space is vital as a source of zero pressure (i.e. receptive vacuum) that calls rather than forces into motion and embodiment. This understanding, whereby the 'not-yet' is a source of receptive influence effectively inverts the way of thinking implicit in notions of 'selection pressure' as a 'driving force' bringing about evolutionary change. "

Natural inclusion is not only an 'expansion beyond' natural selection but an 'inversion' of the paradoxical notion of 'selection pressure' as a 'force from the future bringing about change in the present'. It is this latter notion, as a product of abstract human thinking ahead towards a definable, controllable future objective, which leads to the dangerous idea that 'the end justifies the means'. It is also this notion that renders us unprepared for eventualities beyond our control, like the emergence of coronavirus. Natural inclusion is hence a much better way of understanding and preparing us for 'eventualities waiting to happen' given the receptive susceptibility (receptive vacuum) of an over-connected, over-mobile human population unconstrained by natural geographical barriers'. i.e. such eventualities are better understood evolutionarily as examples of 'the proliferation of the possible' than 'the preservation of favoured races in the struggle for life'. See <a href="https://lnkd.in/gnau4qR">https://lnkd.in/gnau4qR</a>

In response to a suggestion that 'proximity matters' in natural inclusion:-

Neighbourhood matters in natural inclusion. And there is infinitely more to natural neighbourhood than objective proximity by way of distance in 3 or 4 dimensions. Natural neighbourhood both includes and is included by the infinite 5th dimension/element of intangible receptive space, which is overlooked by objective rationality. Prigogine's notion of dissipative structures far from thermodynamic equilibrium was on the way, but still stuck at the space barrier imposed by objective definition in 3/4 dimensional reference frames. cf <a href="https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908">https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908</a>

Just to be clear, I find it helpful to speak of 'connection' only when I am referring to tangible linkage between material localities that are pooled together in receptive space and hence within each other's

receptive-responsive influence whether they are connected or not. cf. <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

Regarding 'The War Against Nature':-

My personal response to the current situation is published

here:- <a href="https://medium.com/@admrayner/how-can-awareness-of-natural-inclusion-help-us-through-and-beyond-self-isolation-998fed0d49e2">https://medium.com/@admrayner/how-can-awareness-of-natural-inclusion-help-us-through-and-beyond-self-isolation-998fed0d49e2</a> Much falls into place when we make the shift from assuming, as a product of exclusively objective perception, that everything is driven solely by external force to realizing that inner receptivity is a primary source of motivation. Viruses aren't evil, cunning schemers that we have to embattle and defeat. That is pure psychological projection. They are receptive agencies dependent on a cellular host to serve their inner motivation to become embodied and proliferate. We need not so much to fight them as to understand, avoid and resist them by sustaining our own protective boundaries and not allowing them free admission, sucking them into our midst. Hand-washing, safe-distancing and ultimately developing self-protective ways to counteract them if and when they do gain admission is how we can do this, both individually and collectively.

The colossal mistake leading up to 18th century 'Enlightenment' was to divorce 'thinking' from 'feeling', sensation and intuition through the false dichotomy of 'subject' from 'object', leading to terrible deprivation of the intellect and misunderstanding of the fundamental nature of reality. We have been suffering culturally from this deprivation ever since and never more so than currently. This is why awareness of our natural self-inclusion in neighbourhood is so badly needed, and why I have put myself out on a limb to try to help bring this about. See, for example, <a href="https://www.galileocommission.org/alan-rayner">https://www.galileocommission.org/alan-rayner</a>

But it's a pity when pain is what it takes to open our hearts and minds to what's bleeding obvious how we naturally are in the world as it naturally is. And even then, the common reaction to pain is to try to close our hearts and minds to it.

Yes, the danger, 'once this is all over', is that there will simply be a return to busyness as usual with nothing learned. Actually I don't think denial is intrinsic human nature - certainly not aboriginal human nature, for example - it has merely become deeply entrenched in rationalistic philosophy. Once again we have been given a chance to widen our awareness. The question is whether we will take it or simply re-trench.

Step beyond the whole into the hole: the infinite Grace of receptive space where darkness and light include each other in dynamic embrace... See also <a href="https://youtu.be/BBZhP1waSfs">https://youtu.be/BBZhP1waSfs</a>

What's ultimately needed, I feel, is to reconcile the humanly estranged couple of darkness and light into their natural inclusion of each in the other. And that is the middle way beyond false dichotomy and false unification into natural communion. It's a small step to take beyond the 'whole way of thinking' that's become entrenched in the dialectic between dualism and monism but a giant leap for humankind, with radical implications for the way we understand and speak of the true nature of reality.

Yes, the journey through the keyhole into the wide-openness beyond boxed-in logic into the natural flow of life would be a wonderful exit strategy from our current situation.

 $\frac{https://medium.com/@admrayner/the-cage-the-climbing-frame-and-the-swimming-pool-302818336c3e$ 

## Happy Resurrection Day!

Here, between the lines, is what Easter symbolizes to me as a not-formally-religious person. The 'quintessence of consciousness' as the 'quintessence of natural inclusion': the mutual inclusion of 'darkness' (void space) and light (electromagnetism) in receptive-responsive relationship. <a href="https://medium.com/@admrayner/the-cage-the-climbing-frame-and-the-swimming-pool-302818336c3e">https://medium.com/@admrayner/the-cage-the-climbing-frame-and-the-swimming-pool-302818336c3e</a>

abstract rationality is anti-life. And it regards what loves life as anti-science. For-profit industrial logic has deep roots stretching back thousands of years. It served the purpose of industrial disregard for natural neighbourhood only relatively recently. <a href="https://www.galileocommission.org/alan-rayner">https://www.galileocommission.org/alan-rayner</a>

Much abstract non-sense arises from regarding space as apart from or a part of a whole. Let's make natural sense instead. <a href="https://youtu.be/BBZhP1waSfs">https://youtu.be/BBZhP1waSfs</a>

Sorry, no. There's infinitely more to making natural sense than connecting dots.

Life thrives by circumventing the void and taking it to heart, not by confronting it as an enemy of the State. Does this suggest a better approach to threat than head-on collision? <a href="https://lnkd.in/dkDeN84">https://lnkd.in/dkDeN84</a>

or, to put it another way, have you considered what the process of connecting localities implies about how reality takes shape? <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

The Vitality of Being, ignored by non-sense-making abstraction. https://lnkd.in/dMF\_VF6

To inspire trust depends on three core values. Unfortunately those values have been downgraded in modern society and replaced by brand loyalty, leaving us with little more to hope for than more of the same. Lone voices are rarely heard when they need to be.

 $\frac{https://medium.com/@admrayner/honesty-reasonableness-kindness-the-three-core-values-of-natural-inclusionality-1cd6e24816ed \\ \frac{https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908}$ 

I guess I'm not cut out for war games, which is probably how come I developed my awareness of natural inclusion in the first place. War games are the 'old normal' I don't want the 'new normal' to retrogress into. I know this puts me 'out on a limb' and leads to being ignored, but there it is. I am currently pondering the question:- 'should I stay or should I go? And veering towards the latter

Yes, that's how the Game self-perpetuates, and has been doing so for millennia. My approach has been to expose the falsehood upon which the Game is founded - 'The Great Lie that makes victims of the masses' - but of course if the masses won't hear of it, there is little more that can be done. The Great Lie exists, and will do so as long as people fall for it and no-one is prepared to call it out.

'I'm still waiting', said the receptive void plaintively to the ignorant light, 'for you to take some notice of me being here'. But the light kept on keeping its self to its self, and making no difference to the desolate scene. Until one day, the light caught a glimpse of what had been there all along, and

would be there for ever more. The light turned its trajectory around and paid attention. Life came to love and love came to life. They loved and lived co-creatively together until one of their offspring took it into their head to split them apart in mutual contradiction. To be continued, or not, as the case may be. hashtag#life https://lnkd.in/dn6mfTt

Yes, there is a need to empathise with the yearning for simplicity and security, even when this results in attachment to false anchorage. <a href="https://medium.com/@admrayner/insecurity-e877e9269fd1">https://medium.com/@admrayner/insecurity-e877e9269fd1</a>

As I have just put it to someone:- The main contribution that I feel I can make is in recognising the deep psychological, philosophical and culturally embedded roots of dishonest practice that in effect impoverishes the producer in order to enrich the manipulator (i.e. as a form of 'social parasitism). As Leonard Cohen put it: 'Everybody Knows that the Game is rotten'. Covid-19 has provided a huge opportunity for this 'Game-changing', but those who profit from the Game will see it also as an excuse to clamp down even harder on individual human enterprise Such practice arises from a systemic flawed perception that reaches to the foundations of human self-abstraction from natural neighbourhood, upon which the institutional structures of modern civilization have been built, based ultimately on the false premise that matter and space are mutually exclusive or coextensive. All my books and papers and presentations made over the last twenty years have concerned this systemic flaw and how it can be remedied through awareness of natural inclusion. Sadly, this work remains virtually invisible and incomprehensible to the wider community but it can be accessed via <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>.

Yes, all one reality, not all one thing. The finite and the infinite within each others company, inseparably together in every body, distinct but mutually inclusive. Love in Life and Life in Love.

Yes, it's just a small step across threshold to where we all come from, ab-originally. We just have to remove the mental block that causes us to close our minds to what in reality can't be shut outside our selves

From the definitive Whole stuck in stasis to the dynamically embodied Hole, going places....

I wonder if I can gently ease you a bit further beyond the lure of the web and the sum total into the flow of life that you describe so beautifully in your accounts of the tides and circadian rhythms? See http://www.spanglefish.com/exploringnaturalinclusion. If you message me, I'd be happy to send you some of my publications.

'The Web of Life' is a trap for the unwary. False Security

The Flow of Life is a release from entrapment. True Liberation

Awareness of natural inclusion releases us from sterile entrapment into fertile flow.

From the definitive Whole stuck in stasis to the dynamically embodied Hole, going places.... With care.

Strictly speaking, wholeness is a quality of a finite entity complete in itself and independent from any other, as per a 'whole' number. Definitiveness is a quality of such an entity, with a fixed boundary limit. Neither exists in reality. Both are concepts of abstract/objective rationality. As William Wordsworth nicely put it: 'In Nature everything is distinct, yet nothing defined into absolute, independent singleness. When we appreciate that all natural material form is intrinsically dynamic, a mutual inclusion of void space and energetic circulation in receptive-responsive relationship, these concepts are problematic and liable to be misleading. This is why I take unusual care to avoid such language, while not wishing to impose my meanings on others. We need to escape from entrapment in definitive logic and language into the natural flow of life, understanding as we do so that tangible flow is only possible in the presence of frictionless space.

Simple, but very tricky to explain given the predominance of definitive thought and language.

That's fine by me, as long as you make it clear what your intended meaning is, and how this differs from the 'dictionary definition' and abstract mathematical conception. Trouble is, when you have to explain what you mean, it's easy to get tied up in language knots. I've heard people speak of 'authentic wholeness' and 'a whole that isn't a whole' or indeed an 'infinite whole'. To a lay person, that's mystifying. That's why I avoid the language of 'wholes and parts' as best I can, rooted as it is in the atomistic conception of an inert numerical or geometric object that can be subdivided into discrete fractions that can be added back together to recreate the 'sum total'. But then my avoidance of that language is perceived as strange by people who use it automatically and without considering what it actually means or implies. Catch 22, when you're endeavouring to shift from a paradigm of abstract rationality to natural inclusionality.

I feel that Bohm was pointing to the mutually inclusive relationship between tangible and intangible presence that is the essence of natural inclusion and what I call 'place-time'. But for me, there remained a trace of dualistic contradiction in his explications - as continues to be true in modern physics to this day, founded as it is in mathematical abstraction.

You don't have to understand quantum mechanics or consciousness to understand the essential simplicity of natural inclusion. But understanding the essential simplicity of natural inclusion could just help you to understand quantum mechanics and consciousness. <a href="https://youtu.be/BBZhP1waSfs">https://youtu.be/BBZhP1waSfs</a>

Thank you for this appreciation! Yes, we arise as dynamic (i.e. 'timely') embodiments of intangible space as a receptive presence somewhere within the continuum of intangible space everywhere without limit. We are inhabitants of 'place-time', not 'exhabitants' of 'space-time'. The mistaken observer error - resulting in 'dualistic discontinuity' - is mentally to CUT or ABSTRACT the material 'figure' apart as a 'whole', from the intangible spatial and energetic 'ground' that the figure is both immersed within and gives local distinctive expression to. In other words it was to cut the 'self' apart from its natural neighbourhood. IN REALITY YOU CAN'T CUT OR ABSTRACT YOUR SELF APART FROM THE INTANGIBLE PRESENCE OF SPACE AS A UBIQUITOUS/INFINITE CONTINUUM. The material 'figure' is not set apart from space and time in a dialectic of 'matter telling space-time how to curve, and space-time telling matter how to move', It is MADE of space-time (where 'space' is ubiquitous void and 'time' is energetic current).

I've just revisited Bohm's work and affirmed in my mind that he was 'on the path' but still hampered by dualistic logic. This is what caused him to speak in terms of 'Wholeness' and 'explicate' and 'implicate' order instead of 'Continuity' and 'tangible' and 'intangible' presence, whereby the former is a materially manifest expression of the latter. There isn't just a 'wonderful dynamic' between space-time and tangible matter (perceived as objective reality) - matter IS MADE OF SPACE-

TIME (where 'space' is understood as infinite receptive void and 'time' is understood as energetic current).

Yes, from 'United We Standstill', 'Divided We Fall Apart' to the Natural Communion of each in the other's receptive-responsive spatial and energetic influence. The evolution of natural flow form through natural inclusion.

Yes, there is no time like the CURRENT, continuously bringing past into future becoming, not INSTANTANEOUSLY cutting One adrift from the Other. :-))

How many words does it take to explain the obvious? 'Every body is a cavity at heart' Or an awful lot more than that when confronted with cultural denial. <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>

cf <a href="http://www.spanglefish.com/exploringnaturalinclusion/index.asp?pageid=704891">https://medium.com/@admrayner/beyond-contradiction-f4400299adaa</a> When two sides contradict each other The Truth Lies Somewhere Between, Throughout And Everywhere Around . Endlessly circulating Motion in Stillness Stillness in Motion Each including the Other In endless co-creation . Need I Say more? <a href="https://www.galileocommission.org/alan-rayner">https://www.galileocommission.org/alan-rayner</a>

There are some risks in life that you can't realistically eliminate without rendering your self lifeless. There are other risks that arise directly from the vain attempt to render your self impregnable. https://lnkd.in/drWa5BX

I have had similar experiences, and share your view regarding 'artificial' logic. Have you read any of my writings? They have much in common with Chinese philosophy, with respect to understanding the mutually inclusive receptive-responsive relationship between infinite receptive void (~'Tao') and energetic circulation (~'Qi). My work on 'natural inclusion' seeks to bring the truths of both worlds into complementary correspondence rather than setting one against the other.

cf 'Learn to understand how all material forms are naturally included within each other's receptive and responsive influence. <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

In Nature, information is a process, not a set of data. <a href="https://lnkd.in/dvAJ\_K2">https://lnkd.in/dvAJ\_K2</a>

Yes, that is my answer. And the way we do this practically will depend on our individual capabilities. The best I feel that I can do at my stage of life is to SHOW what I feel to be the way forward, out from entrapment in abstract worldviews that isolate self-identity from natural neighbourhood. And that also involves pointing out the 'barriers to love' that are put in place by abstract world views. <a href="https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908">https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908</a>

Dysfunctional network design is a product of abstract mathematical modelling. Natural networks are formed from flow, as well as providing channels for flow. And they include degenerative, regenerative and valve-like mechanisms that prevent exploitation by local power drains. <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

I am weary of the positivist perception and use of language to the effect that 'positive is good' and 'negative is bad'. How does this perception change if you think of 'positive' as 'giving' and 'negative' as 'receiving' Maybe this will stop the rot of 'avoiding the void'? <a href="https://lnkd.in/drXrmGF">https://lnkd.in/drXrmGF</a>

From Cultural Tyranny to Co-creative Community through awareness of natural inclusion. A 10-point route-map. See <a href="https://lnkd.in/df6RUD9">https://lnkd.in/df6RUD9</a>

Yes, and the new economy needs to recognise that the natural currency of Nature is energy flow from surplus to need, not money flow from deficit to greed.

Thanks very much. If we understand 'healing' as a regenerative, boundary re-informing process, then we can indeed place it within the natural re-cycling and re-configuring evolutionary process of living and dying, regeneration and degeneration, inspiring and expiring from and into the silent pool of Grace that I call receptive space or void. I have written about this in various places, including my book 'The Origin of Life Patterns' (pp. 81-84, 97-98), where death serves to feed, structure, protect and transform life, not to end life.

"Natural inclusion is a fundamental evolutionary principle that enables us to understand reality as a varied expression of natural energy flow around and between local receptive centres of space." I wonder why supposedly 'smart' people find this so incomprehensible? <a href="https://lnkd.in/dkDeN84">https://lnkd.in/dkDeN84</a>

Freedom from tyranny is to be valued. Freedom to cut your self adrift from your neighbourhood is a fantasy. <a href="https://medium.com/@admrayner/from-cultural-tyranny-to-co-creative-community-eb7157c37913">https://medium.com/@admrayner/from-cultural-tyranny-to-co-creative-community-eb7157c37913</a>

"And as imagination bodies forth The forms of things unknown, the poet's pen Turns them to shapes, and gives to airy nothing A local habitation and a name." – William Shakespeare, A Midsummer Night's Dream - "A fine invocation of natural inclusion - the co-creative mutual inclusion of receptive space and responsive energetic circulation in the emergence and diversification of all material form!"

Darwinism is counter-evolutionary. It gets stuck on ADAPTIVE peaks instead of ATTUNING receptively and responsively with the flow. The 'preservation of favoured races in the struggle for life' is all about surviving as a fixed state in a status quo, not thriving in the ever-changing current. This is the profound difference between evolutionary fragility and evolutionary resilience. The difference between being set in stone like concrete and moving on like a water flow that SIMULTANEOUSLY shapes and is shaped by its environment - an intrinsically dynamic embodiment of space not a dead weight block that can only be moved from outside. How many more times will this need to be said before word begins to spread instead of being squashed flat under a heap of hubris? <a href="https://lnkd.in/gnau4qR">https://lnkd.in/gnau4qR</a> hashtag#life

Ignorance and distraction are potent weapons on the road to hegemonic power. But neither serves to enhance deep understanding of the fundamental nature of reality.

https://medium.com/@admrayner/from-cultural-tyranny-to-co-creative-community-eb7157c37913

It means that there is a very different and more comprehensive way of understanding information - as a process - from the way most of us have been misled to think/calculate in discrete bits and digital bytes. If you would like to explore this further, I'd be happy to assist.

What I was offering you is both subtle and radical: the understanding that INFORMATION IS A PROCESS, not that it can be processed in various ways.

Deliberate ignorance of any aspect of reality is what gets us into trouble again and again and it is at the root of our modern crisis.

Much of my work over the last 20 years has focused (!) on recognising the fundamental simplicity underlying complexity. This has not involved ignoring the complexity but seeing through it to its fundamental source. And it is that fundamental source that has been ignored and obscured by focusing on the intricacies that arise from it.

So if you had said 'focus on finding out what's fundamental in order to understand what arises from it', I would have agreed with you. And I would also agree that 'data overload', where 'data' are definitive 'snippets of information divorced from context' is a means of blinding ourselves to what's really going on.

Coming Together & Drifting Apart - From Knowledge to Wisdom & Wisdom to Knowledge <a href="https://lnkd.in/dKYtB5m">https://lnkd.in/dKYtB5m</a>

Covid 19 has exposed the iniquities and deep fault lines in the political and economic structure of globalized modern society founded on false division or unification of individual from or with group. Here's how we can begin to resurrect and cultivate a 'new normal' of co-creative community from the wreckage of the 'old normal' of cultural tyranny: https://lnkd.in/df6RUD9 #societyandculture

This is why I describe 'natural inclusion' as an ancient new way of understanding reality, at the heart of which is the receptive-responsive ('Yin-yang') relationship between void stillness ('Tao') and energetic circulation ('Chi') in all material form and manifesting as 'female' and 'male'.

What I have been trying to do is to show how this all works within a modern evolutionary ecological understanding that frees us from the socially, psychologically and environmentally damaging constructs of 'natural selection theory' and supersedes this with awareness of natural inclusion as the source of creative evolutionary flow.

I have, however, encountered extraordinary resistance to and incomprehension of the simple principle of natural inclusion within the cultural context I inhabit - along with a tendency to equate 'eastern' philosophy with 'mysticism' and 'holism' that denies the vitality of individual uniqueness.

This is why there needs to be a new confluence between our cultures.

See <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>

Erm, I'm a Westerner, and I've been communicating explicitly about natural inclusion and how it heals the disjunction between objectivism and subjectivism for twenty years. At first I wasn't fully aware of Taoism etc, partly because I was put off by paradoxical western translations. In fact, being a biologist and naturalist I wasn't fully aware of much classical philosophy and came to my realizations largely for personal reasons to do with the contrast between my experience of immersion in the natural world and the objectivistic treatment of it.

Made in response to comment:- "because no Westerner has surmounted Aristotle's syllogistic logic and True/False bounds."

My feeling is that no particular culture or part of the world community, or indeed any particular person should claim ownership of what is in essence a basic principle of Nature. This principle can be inferred simply from our human experience of natural space and boundaries and without any exceptional knowledge, technology or intelligence. All it takes is, quite literally, child's play. But it gets suppressed and forced 'underground' and into disparate well-springs by 'the Great Lie'. What is then needed - and is much more difficult - is to find a way to bring all these disparate sources of awareness into confluence within the wider human community. This has been my intention in developing the philosophy of natural inclusion.

What can be inferred from the different experiences of walking into or through a closed or open doorway? Or the experience of using a geometrician's compass to draw a circle on a sheet of paper? It's obvious, isn't it? And yet we continue to abide by systems of binary or unitary logic that contradict such experience. Why? <a href="http://www.spanglefish.com/exploringnaturalinclusion/index.asp?">http://www.spanglefish.com/exploringnaturalinclusion/index.asp?</a> <a href="pageid=701950">pageid=701950</a>

I have always felt that human nature is fundamentally loving, truthful and imaginative - and that these qualities reside at the heart of our individual and collective creativity and ability to learn. That we can be misled to believe and behave otherwise is due to a powerful combination of fear and partial perception, which manifests as a Great Lie that has become deeply culturally embedded. The only way to escape the influence of this falsehood is to educate our way out of it, through a return to first principles recognised by indigenous and oriental cultures and when we are very young. Having been a professional scientist and educator for much of my life, I have increasingly recognised that art has a vital role to play in this process. Here is a video recording of an interview I gave in 2011 about 'the art of life, environment & people':- <a href="https://lnkd.in/dqReKhy">https://lnkd.in/dqReKhy</a>

Yes, to mistake interconnectedness for natural continuity arises from mentally divorcing or conflating material from or with immaterial presence, as per 'dualism' and 'monism'. The default condition of Nature is then assumed to be stasis, whereupon movement becomes dependent upon ineffable external force to get it going.

This is why I have come to consider 'holism', as it is most frequently represented and voiced, to be a profound stopping point that gets in the way of understanding the evolutionary 'Flow of Life'. The latter arises from the natural mutual inclusion of space and energetic flux in co-creative, receptive-responsive relationship in all material form. We are dynamic relational inclusions of Nature, not parts of a whole or a set of paralysed bodies tied up in a web of oneness. <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>

I'm not sure that it does show he agrees with me. If he does, then I feel a new narrative is necessary, which takes us beyond abstract conceptions of the definability and wholeness of living systems, to natural perceptions that enable us to appreciate their occurrence (and ourselves) as dynamic embodiments of space. I have huge respect for Capra and what he has been trying to do as well as the contribution he has made to what has yet to become 'the new physics of life' as a flow of energy around and between receptive centres of space. But we can't get there until and unless we get past the paradoxical non-sense of definitive logic, and are able to communicate in terms that can be understood by a young child at play, experiencing softness and hardness and getting dizzy spinning around in circles.

Or maybe a third way will emerge, a way of 'communification', which values both individual non-conformity and collective coherence, without contradiction. That's where my hope for the future resides.

I am happy to support and encourage this enterprise through my receptive-responsive creative awareness of natural inclusion. (see http://www.spanglefish.com/exploringnaturalinclusion).

Awareness of natural inclusion replaces the abstract concept that life is driven and controlled by external force and constraint with the comprehensive percept that life is inspired and co-ordinated by receptive influence from within and responsive energy flow from all around. We are liberated from a stifling 'control box' paradigm of hierarchical power into a creative evolutionary flow paradigm of continuous transformation. I see the awakening of this awareness in a new generation as vital to our recovery and resurgence from the global psychological, social, economic, environmental and medical crisis that has arisen from what I refer to as 'The Great Lie', which has alienated individual and group human identity from its natural neighbourhood. <a href="https://lnkd.in/duMTME3">https://lnkd.in/duMTME3</a>

Do you feel that you either have to be bossed around or boss others around in order to live your life and get anything done? This is the legacy of a way of thinking that isolates your sense of self from your surroundings as an object that lacks any source of internal motivation. It is at the core of Newton's Laws of Motion and Darwin's notion of 'natural selection'. Or do you feel that your motivation to live your life is inspired from within your self by a receptive sense of need for sustenance from your surroundings? This kind of awareness is at the heart of 'natural inclusion'. With this inner sense we are liberated from the 'control box' paradigm of enforced power into a creative evolutionary flow paradigm of receptive influence, which is far more sensitive to how we truly are in the world as it truly is. <a href="https://lnkd.in/eAsungr">https://lnkd.in/eAsungr</a>

This is the much needed move from abstract rationality, which ignores the vitality of the intangible and sees light and dark as opposites, and natural inclusionality, which artfully recognises their mutual inclusion as complements - the source of the deep natural beauty that incorporates the rough and the smooth in co-creative companionship. <a href="https://link.springer.com/article/10.1007/s42087-018-0003-0">https://link.springer.com/article/10.1007/s42087-018-0003-0</a>

Yes, when we appreciate that natural boundaries are dynamically informed interfacings between inner and outer space, not definitive cuts that isolate each from the other, we learn to 'look both ways' instead of one-sidedly. I have done this all my life, only to have what I see disregarded by those who don't - who instead divide themselves into two antagonistic camps corresponding with 'objective' and 'subjective', based on the Aristotelian 'Law of the Excluded Middle'. So 'seeing from the edge' is really 'seeing from the included middle'. And, yes, it makes a huge difference to how we understand our human place in the natural world. <a href="https://medium.com/@admrayner/looking-both-ways-c7b8d40f4d6a">https://medium.com/@admrayner/looking-both-ways-c7b8d40f4d6a</a>

Here is why I often feel quite hope-less:- When we appreciate that natural boundaries are dynamically informed interfaces between inner and outer space, not definitive cuts that isolate each from the other, we learn to 'look both ways' instead of one-sidedly. I have done this all my life, only to have what I see disregarded by those who don't - who instead divide themselves into two antagonistic camps corresponding with 'objective' and 'subjective', based on the false dichotomy of Aristotle's 'Law of the Excluded Middle'. This 'seeing from the included middle' makes a huge difference to how we understand our human place in the natural world. It is to my mind the only hope for humanity to recover from the physiological, psychological, social and environmental damage it has inflicted on itself and the natural world through one-sided vision. But it is very rare and impossible to communicate to those whose closed mindedness keeps them addicted to conflict. <a href="https://medium.com/@admrayner/looking-both-ways-c7b8d40f4d6a">https://medium.com/@admrayner/looking-both-ways-c7b8d40f4d6a</a>

That story is already well developed beyond what Berry and others initiated. And it recognises ourselves and all natural bodies as receptive and responsive EXPRESSIONS of Nature, not just bit parts of a machine. It brings Science, Art and Spirituality into congruent relationship, not isolated

silos. To appreciate this story, however, we need to move on from regarding space and boundaries as sources of discontinuity between isolated objects and subjects to recognising them as sources of receptive continuity and dynamic distinction in the natural flow of life. And such appreciation depends also on moving on from the definitive language of parts, wholes and interconnectedness to more open and fluid forms of expression. Otherwise we'll remain stuck in the rut of abstract thought. http://www.spanglefish.com/exploringnaturalinclusion

Fractals are a step into the void away from realistic flow geometry. <a href="https://www.springer.com/gp/book/9783319546056">https://www.springer.com/gp/book/9783319546056</a>

It is characteristic of the paradoxical non-sense of abstract materialism to dismiss what it literally cannot grasp (the reality of intangible presence) as 'rubbish' or 'woo-woo'. This intransigence causes great psychological, social and environmental harm. It has cast a blight on human understanding and flourishing, which has caused needless conflict and untold suffering. While it may be a great way to get to 'the top of the heap', it does not deserve the respect and support that it commands and considers to be its birthright as a product of false pretence. It needs to be put in its rightful place - in human history, not human future. <a href="https://link.springer.com/article/10.1007/s42087-018-0003-0">https://link.springer.com/article/10.1007/s42087-018-0003-0</a>; <a href="https://link.springer.com/article/10.1007/s

Resurgence from Crisis interview highlights:https://youtu.be/Kk7KztV7Zzw

Maybe it's anyone with a modicum of artistic sensibility - including open-minded scientists - who can appreciate natural flow-geometry - which is actually a step beyond what abstract mathematical approaches (including the geometry of fractional dimensions and the complex plane) can reach. Natural flow-geometry incorporates zero inside 'one' as a dynamically embodied figure, rather than placing zero outside one as a static figure isolated from its spatial ground (as per binary logic). cf my painting of 'Holding Openness'.

The double bind comes gift-wrapped in the Great Lie, which locks us down in no way out (except for those who use it to serve their own lust for power over other). This is what has been corrupting so-called democratic governance for millennia. There is a way out, and it is known as honesty. <a href="https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844">https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844</a>

I'm getting rather tired of Complexity Theories that obscure and ignore the Simplicity in their midst and make pointless models and measurements in times of urgency that call for clear understanding of situation.

Let's instead have Simplicity Awareness of the fundamental Nature of Reality instead.

https://youtu.be/Kk7KztV7Zzw

A wonderful illustration of our pot-bound intellectual condition, incapable of finding its way out into the simplicity of open space! Let's have Simplicity Awareness of the fundamental Nature of Reality instead. https://youtu.be/Kk7KztV7Zzw

In response to:

Pot Bound - When growth is resticted via containment.

The roots end up circling the pot. Looking for an escape of its current environment. However, it cant as it is stuck in an endless loop. Why keep the pot?

Thank you so much! Yes, I tend to think of what you describe as a profound dislocation of human from Nature - a loss of human place in the natural world and resultant desolation. My painting of 'Arid Confrontation' made in 1973, when I was in my first year of postgraduate research experiencing objective scientific methodology speaks of this loss, which ultimately is a loss of soul.

I like to think of it simply as a move from abstract anti-natural to natural inclusional. And all it requires is a simple shift in the perception of natural space and boundaries from separative to inclusive.

You can find more of my artwork via the links at

http://www.spanglefish.com/exploringnaturalinclusion/index.asp?pageid=704017

And residing at the bottom of that conundrum is the Great Lie and the Cultural Tyranny it sustains. Doing the right thing in such a culture is very rare and generally results in ostracism. https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844; https://medium.com/@admrayner/from-cultural-tyranny-to-co-creative-community-eb7157c37913

Yes, the shift needs to be to less abstract/more natural, and that is my intention. Abstract perceptions and assumptions bring us into opposition with one another and our environment. Awareness of natural inclusion enables us to attune with one another and our circumstances in a way that can prevent and alleviate needless suffering and enhance enjoyment of life.

Let's just be clear about this. Racism is a product of cultural tyranny founded on 'The Great Lie'. It will only disappear when we STOP lying to ourselves.

https://lnkd.in/df6RUD9 https://lnkd.in/eAsunqr

A scathing commentary on scientistic (as distinct from scientific) ignorance of intangible reality, combined with an appreciation of the role of pressure fluctuation in Nature. <a href="https://youtu.be/kIUCtPaqpQk">https://youtu.be/kIUCtPaqpQk</a>.

I am keen to encourage truly natural science and mathematics, as distinct from 'scientism' and binary logic, as well as more fluid use of language. I am keen to discourage theories and methodologies that unwittingly or deliberately set out to ignore one aspect of Nature or another on their quest for definitive certainty. I am keen to include awareness of intangible as well as tangible reality in my understanding of the fundamental nature of reality as a varied expression of natural energy flow around and between local receptive centres of space. See <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>.

Given the fact that Science has assumed virtually religious status in modern culture as the source of authority on which to base the way we relate to one another and the natural world, it needs to work towards an all-inclusive understanding of Nature, rather than succumb to the temptation to be 'economical with the truth' and profess definitive certainty, in order to gain popular support and

funding. There is something profoundly amiss with theoretical or methodological practices that deliberately or unwittingly disregard one aspect of the reality of Nature or another, and this is the problem that I feel has increasingly created either mistrust or blind faith in science amongst the general public over recent decades. I feel that this is actually preventing science from making the contribution that we need it to make to human understanding at this time. Such selective practices are by their very nature biased and misleading.

Science needs our help to recover from abstract materialism if it is to help us at this time of need to recover from the iniquities of the excluded middle, which are manifesting in so many devastating ways. https://lnkd.in/eAsungr

Nature, however, isn't a whole, and neither are we parts of it. Nature is everywhere, without limit. We are somewhere dynamically included in everywhere. Einstein also said 'the environment is everything that isn't me'. It is thinking in terms of parts and wholes that is embedded in abstract thought and actually reinforces the delusion of self as an entity isolated from neighbourhood, by treating space and boundaries as if they are sources of definitive discontinuity, when in reality they are sources of receptive continuity and dynamic distinction. We can thereby recognise self-identity as a natural inclusion of neighbourhood in space that cannot be cut.

### http://www.spanglefish.com/exploringnaturalinclusion

Nature is not a whole, and we are not parts of it. Nature is a continuum and we are dynamic inclusions of it. Understand this, and the whole rationale for the opposition or unification of one against or with other dissolves. We can, without contradiction, truly love and care for our natural neighbourhood as we love and care for our selves. We can resurge from the global crisis of our own making. <a href="https://youtu.be/Kk7KztV7Zzw">https://youtu.be/Kk7KztV7Zzw</a>

Thanks. Just to add a little clarity, I would say we are all dynamically embodied inclusions of one continuous reality (i.e. continuum), not one whole unit as a single entity complete in its self. As William Wordsworth put it: 'In nature everything is distinct, but nothing defined into absolute, independent singleness'. This is a subtle but crucial point to understand. It arises from the fact that immaterial space and material form are distinct but mutually inclusive, not mutually exclusive or one and the same. You can't have mass without volume as per the dimensionless point-mass of abstract geometry and numbers.

Thanks. Perhaps the difficulty comes from trying to grasp this awareness analytically - as most of us have been taught to do. The intangible cannot, by its very nature be grasped. Yet tangible substance (which can be grasped, both physically and intellectually) cannot exist without it. Imagine yourself completely devoid of space - where and what would you be?

Reductionism eviscerates life. Holism suffocates life. Which way would you prefer to go?

. . . . .

Or, might you prefer to take a breath of fresh air that both nurtures and liberates natural creativity, offering real hope for recovery and resurgence from crisis? <a href="https://lnkd.in/gJMvRPY">https://lnkd.in/gJMvRPY</a>

Stitching in Time. https://lnkd.in/enJyq-k

No Wholes Barred. <a href="https://lnkd.in/erCNbSC">https://lnkd.in/erCNbSC</a>

Thank you! Precious few listen or understand, so far as I can tell. But that's what makes them precious in this moment when the Whole story of abstract objectific(a)tion is unravelling fast in

global disruption, and a New Story steeped in ancient wisdom is so badly needed. <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>

Abstract rationality can never transform into natural inclusionality without letting go of its most fundamental false premise. Only then will it be possible for the Twain to meet and co-create an understanding that applies to all reality, not one aspect or another of it..

Recrimination gets us nowhere if we're not prepared to accept our fallibility and learn from our misadventures. What is truly important, I feel, is not WHO is right and WHO is wrong, but WHAT is consistent with our actual experience as inhabitants of the natural world. https://www.youtube.com/watch?v=Glv6iE40F0Y&feature=youtu.be

One day, history will acknowledge the dreadful damage done to human understanding and science itself by scientistic indoctrination in 'the Great Lie'. How much longer do we have to live under its yoke when liberation is just a small change of mindset away? <a href="https://lnkd.in/eAsungr">https://lnkd.in/eAsungr</a>

Beware popularisers of Science. There is a close linkage between scientistic populism and political populism, which has little to do with natural truth and much to do with lust for power. <a href="https://lnkd.in/eAsungr">https://lnkd.in/eAsungr</a>

Reductionism Shreds Nature while Holism suffocates it. When will the Pride & Prejudice of the Grim Shredder and the Wholly Monster recognise their reciprocal truths and falsehoods and stop massacring Sense & Sensibility? <a href="https://lnkd.in/dKYtB5m">https://lnkd.in/dKYtB5m</a>

'Encyclement': The flow geometry and co-ordination dynamics of DANCING, and its origin in the natural inclusion of receptive space and responsive motion in bodily formation. <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> space-energy-dancing-activity-6681823848364617728-b2Uo

I had some interesting responses to this post. Amongst these was this:-

"Alan Rayner thank you for leading me here.

https://www.theparisreview.org/blog/2015/02/04/how-to-write-a-dance/?utm\_source=pinterest&utm\_medium=social"

To which I receptively responded:-

"A very interesting essay, bringing out the difference between definitive logic & language, which vainly tries to CAPTURE the evolutionary reality of receptive-responsive relationship in discrete steps, and fluid logic & language, which leaves room for imagination! cf http://www.spanglefish.com/exploringnaturalinclusion/index.asp?pageid=705174"

I am growing in confidence that the ultimate 'complementary pair' (as distinct from opposites) of natural coordination dynamics/ natural inclusion IS:-

Receptivity ~ Responsiveness (cf Yin ~ Yang)

which arises from the mutual natural inclusion of space & energy (cf Tao & Qi) in natural flow~form

This is how we can move on from the abstract logic of one against other, to the natural flow logic of complementary relationship within each others' natural neighbourhood.

Here is a gesture that says it all, within 25 seconds:- <a href="https://www.youtube.com/watch?">https://www.youtube.com/watch?</a> <a href="https://www.youtube.com/watch?">v=hrH2ZfCyJDo</a>

https://www.linkedin.com/posts/alan-rayner-258976a friend-asl-sign-for-friend-activity-6682210044429291521- 7Lv

Much of what I read in the natural world inspires me. Most of what I read in the human world depresses me. As a naturalist, educator & researcher I yearn to bring my readings from the natural world into the human world. But the rift between worlds remains as deep as ever, if not more so, even though it need only take a small leap of imagination to cross. Many speak of the need for rethinking, but few are prepared to realise what this entails. We need deeply to appreciate our human inclusion in the natural world, not just play act a bit part in it. <a href="https://lnkd.in/epBi-bm">https://lnkd.in/epBi-bm</a>; https://www.linkedin.com/posts/alan-rayner-258976a\_the-new-natural-evolutionary-science-activity-6682664788495015936-KZbB

Yes, the notion that any thing or any one can be defined instantaneously in a natural world of energy flow around and between local receptive centres of space is what dislocates (I prefer this word to 'disconnects') our sense of 'self' from where we are situated in natural neighbourhood. It is what I sometimes call 'The Great Lie' handed down to generations through the ages. A source of needless human conflict that is socially, psychologically and environmentally harmful. https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-

https://www.linkedin.com/posts/alan-rayner-258976a life-natural-energy-activity-6683282336756363264-E7JN

When you realize that 0 is inside One, and infinity All around, it becomes clear that Love is within you, without you and throughout you, not something you can isolate your Self from, but a receptive & responsive presence we all have in common and can recognise if we care deeply enough for our natural inclusion in the flow of life.

https://lnkd.in/dhtFtyv

good-from-common-good-cf975f992844

Yes, numbers become much more meaningful when we stop thinking of them as isolated figures or 'data points' abstracted from their contextual ground and look more deeply into their natural origin as energetic configurations of space in space. Each then has a unique story to tell regarding its receptive-responsive relationship to others in its neighbourhood. My own understanding of them was revolutionised first through becoming familiar with nonlinear dynamical systems theory (chaos, fractals, complexity, self-organisation etc) and then with the 'transfigural mathematics' of Nigerian mathematician, Lere Shakunle - the only system I know of that recognises the significance of 0 within the heart of all numbers. Lere's system recognises every number as a dynamical 'threesome', consisting of itself and its nearest neighbours. e.g. the number 8 is written as 789. We can then understand every number as a fulcrum between what it's emerging from and what's emerging from it.

If we understand 'God' as 'natural neighbourhood' and 'neighbours' as 'companions in natural communion', then the affinity between 'natural inclusionality' (NI) and contemplative religious 'panentheism' becomes clear.

You don't have to be religious to understand and appreciate NI, but recognition of NI can help you to understand and appreciate religion. On the other hand, dogmatic religion can preclude

recognition of NI just as much as dogmatic scientism.

As I posted yesterday:- "When you realize that 0 is inside One, and infinity All around, it becomes clear that Love is within you, without you and throughout you, not something you can isolate your Self from, but a receptive & responsive presence we all have in common and can recognise if we care deeply enough for our natural inclusion in the flow of life. <a href="https://lnkd.in/dhtFtyv">https://lnkd.in/dhtFtyv</a>

Natural Co-creation: I wrote this many years ago, but feel it is apt to resurrect today:-

#### https://lnkd.in/ePKnt4j

https://vimeo.com/431159716 Yes, this is a very beautiful and eloquent presentation which takes a deep dive towards the heart of natural inclusion - as the mutual inclusion of void space and circulating energy in receptive-responsive relation in all bodily form as flow-form. It is when we appreciate the receptive quality of void that all does fall into place. Please congratulate Adam for me, and perhaps put us in touch.

Alan, What a superbly clear, succinct enunciation of self as loving natural neighbourhood. Reading this paper I encounter, yet again, how I have struggled, wriggled and squirmed through my life as I have intrinsically/intutively embraced (my) self as loving natural neighbourhood while - when feeling attacked, shunned, or repudiated by others - have raced back into the re-frozen existential and nature-al tundra of the loneliness of the selfish mind. From where I can project my paranoid loneliness onto others to explain cause, to rationale, to justify to self. My educative practice has been a 'site' to use academic jargon that has beckoned me, brought me forth to the other. Yet I have struggled to resist the lure of the selfish mind, and a retreat into loneliness. On pilgrimage with you at the University of Bath I first encountered the prospect of loving natural neighbourhood as Self, thanks to your unique educative presence and your willingness to sustain loving natural neighbourhood as Self in the nature of your disruptive and radical curriculum, in the furious passion yet gentle patience that flowed through your educative relationships with all. Thank you Alan - Mutse Atsi! Yaqub

There is nothing wrong with empiricism. There is everything wrong with abstract theory that treats a partial truth as a whole truth.

Yes, and this ignorance of how we naturally are in the world as it naturally is - as dynamic embodiments of space - is the primary source of our objectivistic dislocation from life and love. <a href="https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844">https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844</a>

Nope, we are not all interconnected. But we do all dwell within each other's receptive and responsive influence. <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

Natural movement is always from high pressure to low pressure. Energy is the locally responsive source of high pressure. Void space is the omnipresent receptive sink of zero pressure. All natural dynamics and patterns of self-organisation can be understood in accordance with this simple principle. The relationships of local bodies - as energetic embodiments of receptive space - are primarily influenced by their orientation towards receptive space, not one another alone as independent objects. <a href="https://lnkd.in/epBi-bm">https://lnkd.in/epBi-bm</a>

#science #nature #dynamics #flow #philosophy #natural inclusion

Natural inclusion is an autocatalytic evolutionary process INDUCED by receptive spatial possibility and channelled within dynamically configured boundaries, not driven by external pressure to fit a pre-existing, rigidly defined parameter box.

How much difference would it make to human organisations and ways of living to understand this?

Humpty Dumpty has to have a Great Fall if we are to see the Yolk. https://lnkd.in/drA6nzs

I am a dynamic configuration of receptive space. You are a dynamic configuration of receptive space. This much we have in common, while being both genetically and contextually distinct as individuals. We can attract. repel, synergise with and dissipate each other's energetic coherence depending upon our relative phase dynamics, and in this way contribute both harmoniously and dissonantly as co-creative participants in the autocatalytic evolutionary flow of life on Earth. We can in a deep sense differ to agree through mutual understanding. Or, through denying this reality, we can co-destruct or homogenise - as per the current condition of humanity at civil war with its self and natural neighbourhood. <a href="https://medium.com/@admrayner/the-natural-inclusion-of-difference-activity-6686561561923862529-VemI">https://medium.com/@admrayner/the-natural-inclusion-of-difference-activity-6686561561923862529-VemI</a>

And the greatest tragedy there is results from the alienation of darkness from light. <a href="https://ia601504.us.archive.org/6/items/natural-co-creation/Natural%20Co-Creation.pdf">https://ia601504.us.archive.org/6/items/natural-co-creation/Natural%20Co-Creation.pdf</a>

Yes, I imagine Wittgenstein would have appreciated and understood, judging by this statement of his:-

'This space I can imagine empty, but I cannot imagine the thing without the space'
The 'whole' notion of a material body existing either as a dimensionless point-mass or expanded to infinity is a mental abstraction that is inconsistent with our everyday experience as inhabitants of the natural world.

 $cf\ \underline{https://medium.com/@admrayner/the-new-natural-evolutionary-science-philosophy-of-inclusive-flow-natural-inclusionality-3ecd19ad7657$ 

And if I were to be a good friend of Popper's, I would point out that searching for mistakes using definitive logic is not a good way to search for natural truth that can never be definitive. The question is, would he recognise me as a friend? My experience of abstract rationalists is that he would not.

Within a living, loving couple, the dynamic balance between 'giving' ('positive') and 'taking' ('negative') as complementary responsive and receptive Aspects of Love is vital to its evolutionary sustainability. This is why definitive, either/or logic is inapplicable to the evolution of living systems. <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> evolution-life-love-activity-6687287340987113472-MFBB

The Way of the Naturally Inclusive Middle: <a href="https://lnkd.in/d-bcKK6">https://lnkd.in/d-bcKK6</a>

A very interesting response, reflecting much that I have sought to find a resolution for through awareness of natural inclusion, and the hostility/disregard I have experienced from 'both sides of the divide'. I am encouraged somewhat by the rigorous mathematical and empirical scientific work of Scott Kelso, on 'Co-ordination Dynamics' and 'The Complementary Nature'. It appears that he and I have been on parallel paths for much of our lives.

'I-Opening' - an exhibition of paintings depicting self-identity as a dynamic natural inclusion of neighbourhood. https://lnkd.in/drHvSdH

"Well, if I die and my life-work does not get out there and into the minds of the masses, or an ever growing niche, and do its positive and transformative "thing", then I would like it to be known that at least I knew something of significance... that at least I had a meaningful original thought." I know that 'feeling well'! I nursed similar hopes back then and to some extent still do. But the sea wall of abstract rationalism has been built very high, while the trench in front of it has been dug ever deeper. The tsunami needs to gather momentum before it can do its work! And for that to be possible, we're going to have to shift out of the polarized versus whole way of thinking that has characterised reductionism versus holism for millennia and re-enter the realm of the naturally inclusive middle that everybody loves to hate. We need to Evolve from the arid wasteland of oppositional thinking into the fertile ground of natural co-ordination dynamics and inclusion. And in order to do so requires only a small flight of imagination out of the box of 3-dimensional space with added time that we have entrapped our selves within. But that flight will seem daunting to traphappy minds.

Where there's a receptive will, there's a place for us, somewhere, sometime, Brian! Ready when you are...

Why natural inclusion matters:- <a href="https://lnkd.in/dwC5j8T">https://lnkd.in/dwC5j8T</a>

Yes, there's a radical difference between JUDGING self~others as good or bad, and DISCERNING the true nature of reality. The judgement comes from falsely assuming that light and darkness are mutually exclusive; the discernment from recognising that they are distinct but mutually inclusive. See <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>

Underlying all natural phenomena is a fundamental evolutionary principle: the complementary, mutually inclusive, receptive~responsive relationship between void spatial stillness and energetic motion.

There it is. In a nut's shell.

https://lnkd.in/gnau4qR https://www.linkedin.com/posts/alan-rayner-258976a\_nature-reality-phenomenology-activity-6689446871007563776-a2bU

There is a radical difference between UNITY and COMMUNITY, just as there is between SINGULARITY and COUPLE and between OPPOSITION and COMPLEMENTARITY.

I wonder why so many people seem to find this so very difficult to understand? <a href="https://lnkd./in/eua8nXf">https://lnkd./in/eua8nXf</a>

"When we stand back from the evolutionary process on this planet and consider it as a coherent whole, we see that there are two great trends within evolution. One is towards diversification. The other is towards integration and cooperation. As we have seen in some detail, both trends are driven by selection processes that are consistent with mainstream evolutionary theory."

Here is my response:-

"No, that's not how evolution works! Selection cannot DRIVE anything. It is a product of objectivistic (3rd person) perception - the standing back and viewing of reality from a distance as a whole. This is the damaging mistake western thought has been making for millennia, as a consequence of Aristotelian logic. Evolution is a process of autocatalytic flow through natural inclusion: the complementary, mutually inclusive, receptive-responsive relationship between spatial void and energetic motion, which underlies all natural phenomena. <a href="http://www.spanglefish.com/exporingnaturalinclusion">http://www.spanglefish.com/exporingnaturalinclusion</a>"

Life evolves in flowing response to the RECEPTIVE CALL OF NATURE, not in rigid obedience to the EXECUTIVE COMMAND OF HIGHER AUTHORITY.

https://lnkd.in/epBi-bm; https://www.linkedin.com/posts/alan-rayner-258976a the-new-natural-evolutionary-science-activity-6691249120553795584-z7M-

Yes, amoeboid movement can teach us a lot about natural evolutionary flow-form, as can all natural systems. You'd have thought that anyone with an inkling of an understanding of non-linear counteraction between expansive and contractile processes within intrinsically dynamic boundaries might appreciate this by now, wouldn't you? But no-one within mainstream scientism has found a way out of box logic, so they keep looking for magic central control mechanisms and getting entrapped in stuck networks. <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_the-new-natural-evolutionary-science-activity-6691249120553795584-z7M-">https://www.linkedin.com/posts/alan-rayner-258976a\_the-new-natural-evolutionary-science-activity-6691249120553795584-z7M-</a>

The Receptive Ground of Being is the Stillness of the Void. The Responsive Circulation of Becoming is the Motion of the Flow. Together, they co-create Life and Love. Divorced they make Trouble and Strife. Time to stop paying the Divorce Lawyers.

https://ia601504.us.archive.org/6/items/natural-co-creation/Natural%20Co-Creation.pdf

https://www.linkedin.com/posts/alan-rayner-258976a neither-nor-i-am-neither-this-nor-that-activity-6691619917168443392-NAib

https://www.linkedin.com/posts/alan-rayner-258976a the-new-natural-evolutionary-science-activity-6691975313238319104-rg1W

I feel it helps to recognise the intangible space within, throughout, between and beyond the dots as what pools all continuously together in receptive-responsive relationship. The language of connectedness only serves to obscure this understanding and is best used specifically to describe tangible linkage between localities. <a href="https://medium.com/@admrayner/the-cage-the-climbing-frame-and-the-swimming-pool-302818336c3e">https://medium.com/@admrayner/the-cage-the-climbing-frame-and-the-swimming-pool-302818336c3e</a>

There are some kinds of brilliance that most people don't want, because it illuminates the cage their minds are trapped in. cf https://lnkd.in/dz3mTpA

Viewing the individual as 'part of the whole' is a large part of this problem. People aren't parts and there is no such thing as a whole complete in its self.

It can be difficult to awaken someone without disturbing them. How often have you been disturbed into a new way of understanding the natural world?

What would it mean to you truly to AWAKEN TO THE CALL OF NATURE? Here, as a natural scientist, is what it meant to me:- https://lnkd.in/epBi-bm #nature #science #awareness #philosophy #life #disturbance

Yes, as I understand it, the tangible is impermanent, the intangible permanent, and each inhabits the other in the messy middle of real life between unreal extremes.

The Call of Nature is Silence; the Response of Nature is Movement. Together they make Music to our Ears and Beauty to our Eyes; the flow of life in form and the form of life in flow - the mutual inclusion of void space and energetic flux in all natural phenomena.

https://www.linkedin.com/posts/alan-rayner-258976a nature-life-flow-activity-6693078645625380864-n9Cy

https://www.linkedin.com/feed/update/urn:li:groupPost:8947136-6694191375686111232?
commentUrn=urn%3Ali%3Acomment%3A%28groupPost%3A89471366694191375686111232%2C6694516577267654656%29 And yet the emptiness can never be alone or all one, if it is to call from being into becoming. <a href="https://medium.com/@admrayner/loving-natural-neighbourhood-as-self-melting-the-loneliness-of-the-selfish-mind-2e760aa21c2">https://medium.com/@admrayner/loving-natural-neighbourhood-as-self-melting-the-loneliness-of-the-selfish-mind-2e760aa21c2</a>; https://ia601504.us.archive.org/6/items/natural-co-creation/Natural%20Co-Creation.pdf; http://www.spanglefish.com/exploringnaturalinclusion

Less than one in a billion who are sufficiently polymathic to bring all these needed qualities together is insufficient to bring about the breakthrough you and I seek in the face of overwhelming cultural intransigence. We need to find a way to bring like (but not necessarily identical or superhuman) minds and hearts together. I made this comment to someone recently:- I think a lot has been 'lost in translation' from the Tao into English (and this relates too to Twain Liu's comments about Liebniz's mistaken view of yin and yang as binary polarities), and this led me to be put off for some while for these reasons:- 1. The yin-yang symbol as a 50:50 split of darkness and light within a closed circle. 2. Interpretations of yin and yang as 'opposites' 3. Absence of a 'middle way' between yin and yang 4. Ambiguities in the Tao te Ching in western translations 5. Lack (in my limited readings) of clear relationship between Tao and Qi and Yin and Yang, whereby the latter can in my understanding be understood as Daughter and Son of the former 6. Representations of the Tao to Ching as a means of divination, rather than a natural philosophy. 7. Lack of clear relationship with common conceptions of Space, Time, Matter & Energy.

Notice how the dog followed the cat along the path of receptive space that offered no resistance to its passage. The simplicity underlying the complexity is there for anyone to find given sufficient openness of mind and heart. cf <a href="http://www.spanglefish.com/exploringnaturalinclusion">http://www.spanglefish.com/exploringnaturalinclusion</a>; <a href="https://www.linkedin.com/feed/update/urn:li:ugcPost:6694457982991794176?commentUrn=urn/93Ali%3Acomment%3A%28ugcPost">https://www.linkedin.com/feed/update/urn:li:ugcPost:6694457982991794176?commentUrn=urn/93Ali%3Acomment%3A%28ugcPost</a> %3A6694457982991794176%2C6694616509576220672%29

How big are the North and South Poles, how wide is the Equator and how extensive is Space? Reality exists dynamically between and spatially beyond poles, not stuck at or somewhere divided between them.

To view everything EITHER as SEPARATE OR as WHOLE is a product of BINARY or UNITARY logic, not realistic perception.

It is a mental trap that causes great harm and that we urgently need to release our selves from.

https://lnkd.in/epBi-bm https://lnkd.in/eAsungr

https://www.linkedin.com/posts/alan-rayner-258976a the-new-natural-evolutionary-science-activity-6694886267383033856-lgAf

Natural Diversity gathers around a water-hole. Abstract Monotony follows a leader

What kind of natural philosophy is needed to bring many into confluence, not one into conflict? There is a simple answer!

What's stopping us from adopting it in human organisations and why? How can we break through the barrier?

https://lnkd.in/gnau4qR

https://www.linkedin.com/posts/alan-rayner-258976a diversity-inclusion-receptivity-activity-6694952496831447040-s7ZM

And the first step is to be aware of the difference between elective tyranny and true democracy. It seems that only a tiny minority of people are. <a href="https://medium.com/@admrayner/elective-tyranny-is-not-true-democracy-9faff0b16c17">https://medium.com/@admrayner/elective-tyranny-is-not-true-democracy-9faff0b16c17</a>

Well observed Yes, I understand organic life on Earth as an embodied water flow (as distinct from an information-processing AI machine) and this has always been at the heart of my aesthetic appreciation of the evolution of biodiversity through natural inclusion. I envision water to be to organic life what space is to all material form - receptive medium that makes existence possible. The imagery in 'honeysuckle sharing circle' depicts a central candelabra of honeysuckle flowers in receptive-responsive natural communion with a spectrum of neighbouring flowers, each of which is adding its individual uniqueness to the picture.

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%3A6694952496831447040%2C6695231915827453952%29&replyUrn=urn%3Ali%3Acomment %3A%28activity%3A6694952496831447040%2C6695241184928907264%29

Or, to put it another way, all of us are dynamically embodied water-holes, just as all material bodies are dynamically embodied space-holes :-)

Be wary of jumping from the frying pan into the pressure-cooker! Very little of what I see presented here or anywhere else as 'radical' or 'transformational' is anything of the sort. More like 'same old story', which keeps us entrapped in abstract logic. <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_the-new-natural-evolutionary-science-activity-6694886267383033856-lgAf">https://www.linkedin.com/posts/alan-rayner-258976a\_the-new-natural-evolutionary-science-activity-6694886267383033856-lgAf</a>

Twogetherness is greater than One or Other Aloneness.

 $\label{linkdin} {\bf https://lnkd.in/dY-vua7}~;~ {\bf https://www.linkedin.com/posts/alan-rayner-258976a~looking-bothways-activity-6695277955913928705-R3Fp}$ 

I feel that the need has never been greater for a natural philosophy that makes simple yet comprehensive sense of our actual life experience, regardless of our cultural background.

Is this impossible?

See https://lnkd.in/gnau4qR

Resurgence from Crisis?

Yes, it's possible!

But not without a truly radical re-vision and a lot more preparedness to break our addiction to the binary/unitary logic of conflict and oppression.

https://lnkd.in/dPQZ86M

 $https://www.linkedin.com/posts/alan-rayner-258976a\_highlights-resurgence-from-crisis-through-activity-6695998724365156352-B-LA$ 

Thanks for today's session! You may be interested in this paper regarding dualism and non-dualism:-

https://www.academia.edu/28934846/The\_Essential\_Distinction\_between\_Mind\_and\_Awaren ess\_Within\_the\_View\_of\_Dzogchen?email\_work\_card=view-paper For me the issues resolve quite readily as soon as form and formlessness are understood to be distinct but mutually inclusive,. not mutually exclusive or one and the same. And I really do think there is an urgent need for a non-esoteric natural philosophy that makes simple yet comprehensive sense of our actual life experience that anyone can understand, regardless of cultural background and technical knowledge. Not only is it urgent but it's possible. http://www.spanglefish.com/exploringnaturalinclusion/

Nothing exists instantaneously....

An empty cup is full of space; so is a full cup

Space is an insubstantial presence endlessly everywhere

Substance cannot displace an insubstantial presence; substance can only include and be included in space as a local swirl of movement that cannot exist in zero time. Substance devoid of space would have no shape or size; it would be dimensionless. Space devoid of substance would be formless. Form and formlessness are mutually inclusive, not mutually exclusive or indistinguishable.

Understand this reality and the whole basis for the definitive logic of conflict and oppression that has held humanity mentally in thrall for millennia collapses, making way for a new (and ancient) natural science and philosophy of inclusive flow to emerge.

We need only pause for a moment's thought to get here. It's that simple.

Opportunity knocks when busyness takes a break. Why not welcome it in?

https://lnkd.in/epBi-bm

Invitation~Ultimatum from Love to Life:-

RSVP or RIP

Passivity is no way to Thrive

To Thrive asks far more of us than merely to Survive out of sight and out of mind in dormant bunkers when the chips are down.

Not bothering when we need to be bothered is a recipe for oblivion, not ignorant bliss.

And, currently, there's a lot for us to be bothered about, which comes of not being bothered to face up to reality by living in splendid self-isolation behind a non-existent exclusion zone of false security.

 $\frac{https://lnkd.in/dHSfCW8}{https://www.linkedin.com/posts/alan-rayner-258976a\ the-new-natural-evolutionary-science-activity-6696350477262577664-KEiI}$ 

# Awaiting Signs of Hope <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> hope-disappointment-life-activity-6696761718426611712-QKac

Unfortunately, whole systems can't regenerate, they can only stay as they are. <a href="https://medium.com/@admrayner/no-wholes-barred-e69366d500b3">https://medium.com/@admrayner/no-wholes-barred-e69366d500b3</a>

Thanks. I understand and appreciate where you are coming from. I have often wondered about the value of hope myself, and see it as a serious problem in gambling addiction, for example, where it locks you into a repetitive cycle. I have also felt myself to be caught in such a cycle in my efforts to communicate the meaning and significance of natural inclusion to more than a very small circle of companions. Every failure leads to another attempt. That's why I feel I have said far too much on the subject. But I also feel it to be too important - such a source of hope for humanity in these troubled times - that I am loathe to give up. And, yes, my poem does relate to that experience and the sadness it brings. So your response is not far out! And, at least it IS a response.

A beautiful flow pattern. But how in reality does it come into being, and why is this process so widely disregarded, to the detriment of human understanding and flourishing? <a href="https://medium.com/@admrayner/evolutionary-flow-113b13018a27">https://medium.com/@admrayner/evolutionary-flow-113b13018a27</a>

Yes, the Golden Rule is to love your companions AS you love your self - with care and compassion - not INSTEAD of your self. https://medium.com/@admrayner/loving-natural-neighbourhood-as-self-melting-the-loneliness-of-the-selfish-mind-2e760aa21c2

A thought for all positive thinkers (not to mention positivist thinkers) out there wedded to double negatives:-

'The Sadness will last Forever' (Vincent Van Gogh)

Awareness of natural inclusion brings me Peace & Joy A source of creative inspiration Disregard of natural inclusion brings me Anxiety & Sadness A source of deep dismay

To see the darkness included in the light Conveys the brilliance of the night To see the light excluded from the darkness Blinds the mind to inner depth Setting teeth on edge And ears cut off from the soothing Sound of Silence

 $\underline{https://lnkd.in/epBi-bm} \; ; \; \underline{https://www.linkedin.com/posts/alan-rayner-258976a\_darkness-light-life-activity-6697842834524921856-GIvl$ 

#Darkness #Light #Life #Nature #Inclusion #Joy #Peace #Anxiety #Sadness #Positivity #Negat ivity

"Stillness holds the dynamism and dynamism holds the stillness" I reckon you'll like this episode **Alan Rayner**. This guy has lots of great episodes to be fair! <a href="https://lnkd.in/gZHKT\_E">https://lnkd.in/gZHKT\_E</a>

Thank you! Yes, this is a very clear expression of natural inclusionality, which is why the latter offers a new natural evolutionary science and philosophy that accords with ancient wisdom. <a href="https://medium.com/@admrayner/the-new-natural-evolutionary-science-philosophy-of-inclusive-flow-natural-inclusionality-3ecd19ad7657">https://medium.com/@admrayner/the-new-natural-evolutionary-science-philosophy-of-inclusive-flow-natural-inclusionality-3ecd19ad7657</a>

Here I am, for better or worse, reciting my poem 'Tired of Waiting', back in 2008. I think it's just as applicable now as it was then, if not more so! <a href="https://www.youtube.com/watch?v=CseSJaodLog">https://www.youtube.com/watch?v=CseSJaodLog</a>

The void spatial stillness contains the energy flow, and the energy flow contains the void spatial stillness, in mutually inclusive, co-creative, receptive ~ responsive dance.

Nature is an ANIMATED SUSPENSION, intrinsically dynamic, NOT a static SUSPENDED ANIMATION driven into motion by external force - and so are you and I and all we bodily comprise.

To know this is true self-liberation from oppressive rule - but not if no-one wants to know. **https://lnkd.in/ddwjk-C**; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> the-dance-of-stillness-and-energy-future-activity-6698495649517723648-JwxL

To have experience of being in therapy is to have experience of how it feels to be in need of therapy and hence truly able to offer assistance and understanding. My own feeling is that anyone sensitive enough to recognise the paradoxes and conflicts associated with living in an adversarial culture that routinely isolates self- or group-identity from natural neighbourhood is likely to need empathetic support. I certainly do. <a href="https://www.spanglefish.com/exploringnaturalonclusion">http://www.spanglefish.com/exploringnaturalonclusion</a>

Absolute coherence is as stultifying as absolute incoherence. Reality exists dynamically between these poles, not statically at them. https://www.linkedin.com/posts/alan-rayner-258976a\_the-new-natural-evolutionary-science-activity-6694886267383033856-lgAf

Thanks for these thoughts. I guess I have always understood evolutionary diversification as entailing complementary processes of differentiation and integration, not one or other alone. I first wrote about this at length in my book 'Degrees of Freedom - Living in Dynamic Boundaries' (Imperial College Press, 1997), where I related it to the intrinsically dynamic nature of living system boundaries and their reciprocal tendencies to open up and increase surface area under circumstances of external energy abundance and close down under circumstances of external energy scarcity. It has always bothered me when people express a strong preference (especially a strong moral or ideological preference) for one necessary aspect of Nature or another instead of recognising their complementarity. This has guided much of my work and way of life. As soon as it is understood that natural system boundaries are dynamically informed and space is a receptive omnipresence, then the reason for this complementarity becomes clear. It's also why I shy away from 'whole or apart' debates and language.

'Thanks, Alan. As I re-read your website, these words from Alan Watts came to mind - "A living body is not a fixed thing but a flowing event, like a flame or a whirlpool." -->

Thanks for the re-read! Yes, those words of Alan Watts are very pertinent. He is one of many individuals who I have come to appreciate in one way and/or another as having been on the trail of natural inclusion if not perhaps being explicitly and comprehensively aware of it. It may help if I specify the 3 aspects of natural inclusion that I regard as fundamental to recognise:- 1. Natural bodily boundaries are intrinsically dynamic, not fixed statically in place. i.e. they are dynamically informed and sustained by continuous energetic motion and disappear if the latter ceases. 2. Natural

void space is a continuous intangible presence that simultaneously attracts and repels energy flow both inwardly (towards and around zero) and outwardly (towards and back from infinity). Hence:-3. All material bodies, from sub-atomic to galactic, are mutual inclusions of void space and energetic motion in receptive ~ responsive relationship. These bodies, as dynamic local configurations of omnipresent space, can both associate with one another into collective groups with reduced surface : volume and dissociate into individual identities with increased surface exposure, depending on energetic context and relative phase dynamics.

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<u>%3A6698648775054901248%2C6698663166127169537%29&replyUrn=urn%3Ali%3Acomment</u> <u>%3A%28activity%3A6698648775054901248%2C6698859337030356992%29</u>

Will do. Meanwhile this response may illuminate further why the insubstantial presence that is commonly viewed as structural weakness is actually needed as source of structural resilience. Recall too that the fundamental basis of catalysis is a dynamic configuration of receptive space known as an 'active site'.

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commentUrn=urn%3Ali%3Acomment%3A%28activity
%3A6698648775054901248%2C6698663166127169537%29&replyUrn=urn%3Ali
%3Acomment%3A%28activity%3A6698648775054901248%2C6698859337030356992%29

Yes, there's always a place for love in all human endeavours. Problems begin as soon as love is excised from consideration, reducing all forms of life to mechanical objects. https://medium.com/@admrayner/leading-co-creatively-from-love-the-receptive-middle-way-97a19ec95908

Here is how John Keegan (2004 'The Face of Battle') describes military training:'...the deliberate injection of emotion...will seriously hinder, if not altogether defeat, the aim of officer-training. That aim...is to reduce the conduct of war to a set of rules and a system of procedures – and thereby make orderly and rational what is essentially chaotic and instinctive. It is an aim analogous to that pursued by medical schools in their fostering among students of a detached attitude to pain and distress... the rote-learning and repetitive form and the categorical, reductive quality ...has an important and intended psychological effect. Anti-militarists would call it depersonalizing and even dehumanizing. But given...that battles are going to happen, it is powerfully beneficial...one is helping him to avert the onset of fear, or, worse, of panic...'

So, the question is, what makes it a 'given' ..that battles are going to happen? Could it be 'The Great Lie' we are misled to believe is truth? If so, how can we stop believing in it and start living together more compassionately?

https://lnkd.in/eAsunqr https://lnkd.in/df6RUD9

https://www.linkedin.com/posts/alan-rayner-258976a breaching-the-great-lie-that-isolates-individual-activity-6699226962537283584-e8Tl

You can't have regeneration without degeneration. Whole systems are by definition inert. Living systems are not. https://medium.com/@admrayner/the-new-natural-evolutionary-science-philosophy-of-inclusive-flow-natural-inclusionality-3ecd19ad7657

Hook, Line & Sinker - The Lure of Post-hoc Rationalisation. See <a href="https://lnkd.in/d6ySxSz">https://www.linkedin.com/posts/alan-rayner-258976a\_hook-line-sinker-activity-6699952748135235584-TC73</a>

The Fountains of the Forest prune themselves quite naturally, with a little help from their fungal friends, as embodied water flows in which death feeds new life. Human post-hoc rationality instead feeds death with life through the pursuit of unrealistic ideals. <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> hook-line-sinker-activity-6699952748135235584-TC73;

https://www.linkedin.com/feed/update/urn:li:activity:6699759980871995394?commentUrn=urn %3Ali%3Acomment%3A%28activity%3A6699759980871995394%2C6699967456129118210%29

Where does motivation come from? Objectivism: external force/drive Subjectivism: inner desire/need

Natural inclusionality: Responsive energy flow around and between local receptive centres of space

('cavities at heart')

How do these different views affect how you feel about the way you treat and are treated by others?

Which gives you good reason to love? https://lnkd.in/dy7-ubi; https://www.linkedin.com/posts/alan-rayner-258976a reason-to-love-activity-6700315746255294464-d5Tn

Quite so! Living in a paradoxical anticulture that doesn't make natural sense is liable to disturb anyone sensible. http://www.spanglefish.com/exploringnaturalinclusion

The presumption that life must be DRIVEN either from inside or from outside is a product of abstract human thought and a source of profound misunderstanding and suffering.

There is, however, a more INSPIRING way of thinking that makes much more NATURAL SENSE, and gives us REASON TO LOVE. <a href="https://lnkd.in/dy7-ubi">https://lnkd.in/dy7-ubi</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> reason-to-love-activity-6700729382538891264-8hni

We find our selves affronted by a culture in which popularity is inversely related to what makes natural sense.

How has this come about? How can what makes natural sense become popular? <a href="https://lnkd.in/d4KFVm6">https://lnkd.in/d4KFVm6</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="friday-conversations-1st-march-2019-alan-activity-6700742932464451584-GIOY">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="friday-conversations-1st-march-2019-alan-activity-6700742932464451584-GIOY">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="friday-conversations-1st-march-2019-alan-activity-6700742932464451584-GIOY">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="friday-conversations-1st-march-2019-alan-activity-6700742932464451584-GIOY">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="friday-conversations-1st-march-2019-alan-activity-6700742932464451584-GIOY">https://www.linkedin.com/posts/alan-activity-6700742932464451584-GIOY</a>

Language is open to interpretation.

It becomes a job to communicate any idea clearly. Do we even understand each other at all? Are we on the same page? A short moments of stepping the same road, until our paths move away from each other and the illusion of knowing disappears.

A thin memory of yesterday. <a href="https://www.linkedin.com/posts/ela007">https://www.linkedin.com/posts/ela007</a> abstract-activity-6701206262756995073-6Chq ---→

Natural flow-geometry at work! Pleased to confluence with you, Ela. Yes words can make fickle friends (as I've discovered on too many occasions) but imagery speaks for itself.

https://www.linkedin.com/feed/update/urn:li:activity:6701206262756995073?commentUrn=urn %3Ali%3Acomment%3A%28activity

Thanks. Yes, the desire/need to eat is one we all experience subjectively as a sense of inner hollowness - a 'presence of absence' - needing to be satiated if we are to thrive. It is a source of inner motivation that induces responsive flow. And we channel that flow both instinctively and through learning from experience and those in our neighbourhood with whom we form receptive-

responsive relationships. It is a source of inner motivation unique to life forms, which is invisible to objectivistic perception. But without awareness of our own and others' dynamic bodily boundaries it cannot be contained and may then manifest instead as greed or passivity.

https://www.linkedin.com/feed/update/urn:li:activity:6700315746255294464?commentUrn=urn %3Ali%3Acomment%3A%28activity

<u>%3A6700315746255294464%2C6701582195733143553%29&replyUrn=urn%3Ali%3Acomment</u> %3A%28activity%3A6700315746255294464%2C6701761748652838912%29

Darkness & Light manifest as receptive & responsive expressions of Love & Life when they naturally include each other, but as Devouring & Overpowering expressions of Hate & Paralysis when the human mind excludes them from each other by definition. <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> love-life-darkness-activity-6701772788081938432-OhRm

I feel much the same. It feels insane and like clutching at straws of false hope. And yet withdrawal into passivity doesn't offer much hope either. So there is a need to keep going as kindly and honestly and reasonably as possible and every so often encounter kindred spirit-soul companions with whom to develop the momentum from which some truly new movement can eventually develop. https://medium.com/@admrayner/honesty-reasonableness-kindness-the-three-core-values-of-natural-inclusionality-1cd6e24816ed

An account of the gamma-principle of natural inclusion and how this takes us beyond competition versus cooperation to a heartfelt awareness of life as a continuous relay. See <a href="https://lnkd.in/dc7fQwr">https://lnkd.in/dc7fQwr</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> the-gamma-principlepdf-activity-6703575289269653504-bRTP

WARNING:- This may be a hard pill to swallow!

Tranquilizing our Selves may help us to endure cultural ill-treatment, but it will do nothing to cure it. Unification via the elimination of dissidence is the ploy of tyrants, not community-minded. There are circumstances in which there is a need to take a stand as well as lie low. Inflammation is a natural response to violation, but it needs to be channelled if it is not to be self-defeating. We are living through a period of great cultural tyranny and non-sense. There is a way of stopping and starting that can help us out of it it, given the chance. Why not try taking it? https://lnkd.in/df6RUD9

https://www.linkedin.com/posts/alan-rayner-258976a\_from-cultural-tyranny-to-co-creative-community-activity-6703934208479391744-DVw3

The reality of Nature is intrinsically dynamic, a flow of energy around and between local receptive centres somewhere within the omnipresent stillness of space everywhere.

It is NOT an inert set of inert objects that can only be moved by a FORCE outside of its Self. Understand this and our lives can transform from competitive or coercive to naturally inclusive. We live, love and are loved HEARTFULLY, as we naturally are and can be, individually unique, collectively co-creative.

We appreciate life as a gift of natural energy flow, to be received, sustained and passed on in good time, not a struggle for existence in fixed time.

https://lnkd.in/dc7fQwr

https://www.linkedin.com/posts/alan-rayner-258976a the-gamma-principlepdf-activity-6703940044245221376-t-Lj

I think and feel that you are rather more than nothingness, Helen :-) Shall we say 100 % nothingness PLUS life-informing energy.

One of the issues for me is what children get taught in schools. If it's the same old story that has got us into this mess, maybe it's not doing them as much good as we might think it is.

Most of my learning from Nature has been gained in Nature, not cut off from Nature indoors.

https://lnkd.in/dc7fQwr

https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6703940044245221376-t-Lj

Empathy dies and abuse begins when the naturally inclusive, receptive & responsive awareness of Self is replaced by the abstract exclusive, domineering/submissive or nihilistic sense of Self. Empathy is born and compassion stirs when receptive & responsive awareness is regained. This only requires a small leap of imagination, but its ability to shift the course of our lives from what we're currently stuck with is profound. Why not give it some heartfelt consideration? <a href="https://lnkd.in/dc7fQwr">https://lnkd.in/dc7fQwr</a>

https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6704301908267438080-w65Q

Many thanks! Yes, indeed I am familiar with Dzogchen through the writings of Rudy Bauer, which, I feel are very close to natural inclusionality. I do struggle with modern physics rather, but some of my companions give me reassurance that NI is consistent with the findings, if not the objectivistic explanations of modern physics. You can find a lot of my work via http://www.spanglefish.com/exploringnaturalinclusion, and I am always happy to respond to queries and send copies of publications.

Re Systems thinking: <a href="https://www.linkedin.com/posts/complexity-academy">https://www.linkedin.com/posts/complexity-academy</a> what-is-systems-thinking-a-paper-by-derek-activity-6704298842545766400-R-tr

Consider this:- How is someone likely to behave who is brought up to believe that life is a competition in which winners succeed at the expense of losers?

Also this:- that cooperation within a group enables us to compete successfully against another group, and/or to defeat a common enemy?

Now consider what entraps us in the mentality of me against you and us against them or that?

Is there any real justification for this mentality? Does it enhance human understanding and flourishing? If not, why do we have to remain stuck with it? How could we escape it?

https://lnkd.in/emU9TN8

https://www.linkedin.com/posts/alan-rayner-258976a the-gamma-principlepdf-activity-6705138265483210754-XJXM

Complex systems theory is a fine abstract intellectual development, but it will only truly contribute to human understanding and flourishing when it relates to how we naturally are at heart in the world as it naturally is.

https://lnkd.in/dc7fQwr

Yes, there is such a thing as over-connectedness. And we're currently paying dearly for it. <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

Thank you! Yes, over the years I have felt that popular misconceptions of interconnectedness are prone to obscure rather than illuminate our understanding of Nature. The 'Web of Life' can obscure the 'Flow of Life', entrapping us in stasis instead of releasing us to move on. I've also noticed that whenever I try to make this point, it causes resentment and disregard, as if I have violated some deeply cherished belief. I think the icy 'spell' of interconnectedness is even harder to break than the divisive spell of reductionism. But it must be broken if we are truly to find our way out of the maze we have constructed for our minds to wander in and return to life as it actually is - a flow of energy around and between local receptive centres of space. A new kind of language is greatly needed. A 'global warming' of human understanding, so to speak.

http://www.spanglefish.com/exploringnaturalinclusion/index.asp?pageid=705174; https://www.linkedin.com/feed/update/urn:li:activity:6705113001416032256?commentUrn=urn%3Ali%3Acomment%3A%28activity

<u>%3A6705113001416032256%2C6705177275639332864%29&replyUrn=urn%3Ali%3Acomment</u> <u>%3A%28activity%3A6705113001416032256%2C6705391049201741824%29</u>

And a huge contributor to the deficit ['Nature Deficit Disorder'] is the idea that Nature is an object that we can connect to or disconnect from, not what we are inescapably immersed within. <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>

Thanks. Yes, there was a time when I used to speak of the need to reconnect, until I became explicitly aware of what I call natural inclusion and I realized that 'reconnecting' was still based in 'exclusive' logic. Since then, I've been more inclined to speak of communion, continuity, openness etc, and to speak of 'connection' only when I mean tangible linkage. <a href="https://lnkd.in/exRxSPw">https://lnkd.in/exRxSPw</a> <a href="https://lnkd.in/exRxSPw">https://lnkd.in/exRxSPw</a> <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://lnkd.in/exRxSPw</a> <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="beyond-interconnectedness-activity-6705408521288077312-uhG2">beyond-interconnectedness-activity-6705408521288077312-uhG2</a>

I've said it before and I will say it again, even though it may be perceived as an 'immediate turn-off'. If we really want to live and love as we naturally are, not as we might want to pretend we are, we will need to break the spell of 'interconnectedness' just as much as we need to break the spell of separateness.

Both are impostors that hold our natural human love of life to ransom.

https://lnkd.in/exRxSPw

https://www.linkedin.com/posts/alan-rayner-258976a\_beyond-interconnectedness-activity-6705408521288077312-uhG2

Many thanks for asking To be honest I'm not sure how best to address your questions because so much of modern physics and cosmology is a puzzle to me. You may therefore be better placed than me to address them. What I will say is that I regard natural inclusionality more as an experience-based phenomenological awareness than as an explanatory theory. And I would recognise that many objectivistic science concepts are not congruent with this awareness, even though actual scientific observations are. At the root of the puzzle, I think, is the continuing adherence of so much scientific theory to Aristotelian logic, which has the effect of excluding or conflating intangible presence from or with tangible presence, instead of recognising these as 'distinct but mutually inclusive'. And that problem is embedded also in the foundations of conventional mathematics. Also, by way of clarification, I don't envisage the cosmos as an all-flowing oneness. Meanwhile, may find this recent essay helps to clarify where I am coming from:-

https://ia601508.us.archive.org/13/items/the-gamma-principle/The%20gamma %20principle.pdf I would love modern cosmology to come into confluence with natural inclusionality! Maybe you can help this along?

An education in natural inclusion. <a href="https://lnkd.in/dHdNGJd">https://lnkd.in/dHdNGJd</a>;

https://www.linkedin.com/posts/alan-rayner-258976a an-education-in-natural-inclusion-activity-6705916686211547136-dmjw

# **Evening Child**

As I enter life's evening of lengthening Shadow and reddening afterglow My prevalent feeling is far removed from contented Mellow fruitfulness....Cannot this herd of great unheard Find our feet Raise our voice Be seen for who we are And sweep aside this contamination of sacred ground By megalomaniacal minds Hell bent on their will to power? <a href="https://lnkd.in/eweRc2N">https://lnkd.in/eweRc2N</a>;

https://www.linkedin.com/posts/alan-rayner-258976a\_evening-child-activity-6706267499043848192-XabJ

I know it's a challenge, but...

Please, please can we find a way to stop talking about wholeness and completeness when there's no such thing in the hole wide natural world of flow-form?

It entraps us into mentally isolating or conflating our dynamic, receptive-responsive self-identities into many at odds with one another or one conglomerate.

And it prevents us from perceiving our selves as we naturally are in the world as it naturally is.

https://lnkd.in/erCNbSC

https://lnkd.in/epBi-bm

https://www.linkedin.com/posts/alan-rayner-258976a\_no-wholes-barred-activity-6706484127098535937-gqLk

cf Holism: <a href="https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?">https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?</a>
<a href="mailto:com/feed/update/urn:li:activity:6706759376994091008?">https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?</a>
<a href="mailto:com/feed/update/urn:li:activity:6706759376994091008?">https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?</a>
<a href="mailto:com/feed/update/urn:li:activity:6706759376994091008?">https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?</a>
<a href="mailto:com/feed/update/urn:li:activity:6706759376994091008?">https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?</a>
<a href="mailto:com/feed/update/urn:li:activity:6706759376994091008%2C6706854452118253568%29">https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008%2C6706854452118253568%29</a>

The Hole Self. How a lonely Mole became Self-Aware. <a href="https://lnkd.in/dJuRaTK">https://lnkd.in/dJuRaTK</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> the-hole-self-activity-6707197128990576640-5nFg

Quite so! How do you define as a 'whole' what is continually in formation? Best not to try, because that's where the trouble starts! cf <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> the-hole-self-activity-6707197128990576640-5nFg;

https://www.linkedin.com/feed/update/urn:li:activity:6706759376994091008?commentUrn=urn %3Ali%3Acomment%3A%28activity

 $\frac{\%3A6706759376994091008\%2C6707108242260144128\%29\&replyUrn=urn\%3Ali\%3Acomment}{\%3A\%28activity\%3A6706759376994091008\%2C6707199143938400256\%29}$ 

Yes, Human Sacrifice is as trendy as ever, just more covert. It all comes down to whether you regard people as life forms or as performing objects/subjects.

https://ia601508.us.archive.org/13/items/the-gamma-principle/The%20gamma%20principle.pdf

There's yet more to life than process, and that's what makes process possible. <a href="https://ia601508.us.archive.org/13/items/the-gamma-principle/The%20gamma-%20principle.pdf">https://ia601508.us.archive.org/13/items/the-gamma-principle/The%20gamma-%20principle.pdf</a>

If you truly want to understand how evolution works as a creative process, try replacing the word 'selection' with 'inclusion'. The change is subtle but radically transformative. Nature is an endless, receptive source of variably fluid, dynamically bounded possibility in open space, not a forbidding, rigidly pre-defined box of elite niches in which winners exclude losers. <a href="https://lnkd.in/dc7fQwr">https://lnkd.in/dc7fQwr</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6707551936029171712-Bugf">https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6707551936029171712-Bugf</a>

#### SPACE, LIGHT, EVERYTHING, EVERYWHERE & EVERY WHEN

Space in itself makes nothing
Light in itself makes nothing
But each in the other's receptive - responsive embrace
Stillness in Motion in Stillness
Makes a universe of everything in everywhere and every when
That's the Simplicity
Underlying Complexity
Isn't it amazing?
How could we overlook it for so long
Both individually and collectively
At so much cost to human understanding and flourishing?
Why do we continue to do so
When nothing could be more obvious?

https://lnkd.in/dcBe4dm; https://www.linkedin.com/posts/alan-rayner-258976a\_space-light-nature-activity-6707919934845947904-E3MA

Even thinking we are part of (in the sense of 'a piece of') Nature is a form of objectivistic denial of our self-identity as dynamic inclusions of Nature as a flow of energy around and between local centres of receptive space. The needed transformation of perception calls for an even deeper awareness of our natural becoming. <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> beyond-interconnectedness-activity-6705408521288077312-uhG2;

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The criticism is the product of a fundamental fallacy that has blighted humanity for millennia. We need to get over it, and never more so than now. https://medium.com/@admrayner/cold-warm-geometry-how-rigid-fluid-structures-affect-our-human-relationships-and-sense-of-4557d6a5cf84; https://www.linkedin.com/feed/update/urn:li:activity:6706149911148269568? commentUrn=urn%3Ali%3Acomment%3A%28activity
%3A6706149911148269568%2C6707948714150916096%29

Nature isn't a connection of dots! https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd;

https://www.linkedin.com/feed/update/urn:li:activity:6708023385605054464?commentUrn=urn

## <u>%3Ali%3Acomment%3A%28activity</u> %3A6708023385605054464%2C6708054839768715265%29

The present is the current bringing past into the coming of future, not an interval between the two. The art is to include each in the other, not split the difference...

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%3A6708003434081218561%2C6708076508000350208%29

I will however, offer you this. 'In nature everything is distinct, yet nothing defined into absolute, independent singleness' (William Wordsworth). The third way that reconciles the polarisation between separateness and oneness is what I have sought all my life - and put on record. <a href="https://ia601508.us.archive.org/13/items/the-gamma-principle/The%20gamma%20principle.pdf">https://ia601508.us.archive.org/13/items/the-gamma-principle/The%20gamma%20principle.pdf</a>; <a href="https://www.linkedin.com/feed/update/urn:li:activity:6708047264755068928?commentUrn=urn%3Ali%3Acomment%3A%28activity">https://www.linkedin.com/feed/update/urn:li:activity:6708047264755068928?commentUrn=urn%3Ali%3Acomment%3A%28activity</a>

<u>%3A6708047264755068928%2C6708074580604403712%29&replyUrn=urn%3Ali%3Acomment</u> <u>%3A%28activity%3A6708047264755068928%2C6708284884235898880%29</u>

Yes, neither absolute separateness (isolation) nor absolute unity are viable modes of existence in diverse natural communities. Our needs as individuals are not invariably compatible with others in our vicinity (to put it mildly) but that doesn't necessarily make us opponents incapable of being good neighbours. <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_beyond-interconnectedness-activity-6705408521288077312-uhG2">https://www.linkedin.com/posts/alan-rayner-258976a\_beyond-interconnectedness-activity-6705408521288077312-uhG2</a>

'In nature everything is distinct, yet nothing defined into absolute, independent singleness' (William Wordsworth). The fluidic third way that co-creatively reconciles the polarisation between separateness and oneness is what I have sought all my life to follow, show and put on record.

It's curious how obscured this way has become by entangled thought that treats natural space and boundaries as mutually exclusive, indistinguishable or illusory, instead of sources of receptive continuity and dynamic distinction.

Can we rediscover the simplicity underlying the complexity, or must we forget about it and carry on regardless in the hurry that has brought us to this psychological, social and environmental crisis point?

https://lnkd.in/gnau4qR; https://lnkd.in/dc7fQwr; https://www.linkedin.com/posts/alan-rayner-258976a the-gamma-principlepdf-activity-6708317390414868480-2Po-

Yes, the fact that the system is set up to treat people as performing objects is not to be liked! But the reality of our existence as life forms can be a source of joy and compassion if we simply recognise it for what it is instead of trying to put it in a box. <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6708317390414868480-2Po-">https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6708317390414868480-2Po-</a>

Isn't it strange that anyone should think it possible to understand life objectively - without any consideration for how it actually feels to inhabit a living body?

<a href="https://lnkd.in/dK6V6\_4">https://lnkd.in/dK6V6\_4</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://lnkd.in/dK6V6\_4</a>; <a href="https://www.linkedin.com/posts/alan-rayner-258976a">https://www.linkedin.com/posts/alan-rayner-258976a</a> <a href="beyond-objectification-activity-6708659573659590656-xAA">beyond-objectification-activity-6708659573659590656-xAA</a>

To my mind, we only had need of a compass when our sense of natural inclusion was replaced by the abstract non-sense of definitive logic. And then when the logic and the compass disagreed, we broke the compass too. https://www.youtube.com/watch?;

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<u>%3A6708606811878096896%2C6708609052106207232%29&replyUrn=urn%3Ali%3Acomment</u> <u>%3A%28activity%3A6708606811878096896%2C6708689342631575552%29</u>

And then take a real life lesson in what real life networks are actually like - not abstract connections of dots!!! <a href="https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd">https://medium.com/@admrayner/beyond-interconnectedness-d8c9f90483cd</a>; <a href="https://www.linkedin.com/feed/update/urn:li:activity:6707582078990487552?commentUrn=urn">https://www.linkedin.com/feed/update/urn:li:activity:6707582078990487552?commentUrn=urn</a> <a href="https://www.linkedin.com/feed/update/urn:li:activity:6707582078990487552?commentUrn=urn">https://www.linkedin.com/feed/update/urn:li:activity:li:activity:li:activity:li:activity:li:activity:li:activity:li:activity:li:activity:li:activity:li:activit

I think-feel it's important to recognise the difference between objectivity and impartiality... Both objectivity and subjectivity in themselves are profoundly partial. cf

 $https://www.linkedin.com/posts/alan-rayner-258976a\_beyond-objectification-activity-6708659573659590656-xAA\_\ ;$ 

https://www.linkedin.com/feed/update/urn:li:ugcPost:6708728951969316864?commentUrn=urn %3Ali%3Acomment%3A%28ugcPost

<u>%3A6708728951969316864%2C6708734275</u>761512449%29

Thank you! Yes, I remember you well! Lovely to hear from you! I actually retired from Bath Uni in 2011, but stay as active as possible. I recently published this short essay about LEP on Medium. https://medium.com/@admrayner/an-education-in-natural-inclusion-bfdd065ba2a2

; https://www.linkedin.com/feed/update/urn:li:activity:6705138265483210754?commentUrn=urn %3Ali%3Acomment%3A%28activity

Actually, what I feel Blake was alluding to is that 'what is usually regarded as 'opposition' in a divisive culture is actually 'complementarity' - the basis for natural co-creativity. To appreciate this it is necessary to dispense with Aristotelian (and Newtonian!) logic in favour of a logic of mutuality that includes self-identity within natural neighbourhood. cf

 $https://ia601508.us.archive.org/13/items/the-gamma-principle/The\%20gamma\%20principle.pdf; \\ \underline{https://www.linkedin.com/feed/update/urn:li:activity:6708961359675187200?commentUrn=urn \\ \underline{\%3Ali\%3Acomment\%3A\%28activity}$ 

%3A6708961359675187200%2C6709231736448020480%29&replyUrn=urn%3Ali%3Acomment %3A%28activity%3A6708961359675187200%2C6709380098199433216%29

And what makes the existence of the glass possible in the first place asked the Lion? Aha! Said the mole. Now, I understand! Meanwhile, the horse bolted, whinnying as he went. And Pooh watched sticks floating under the bridge. <a href="https://www.linkedin.com/feed/update/urn:li:groupPost:8947136-6708773413038641152?">https://www.linkedin.com/feed/update/urn:li:groupPost:8947136-6708773413038641152?</a> <a href="mailto:com/ment/com/ment/com/ment/sa/28groupPost/3A8947136-6708773413038641152">commentUrn=urn/sa/Ali/sa/comment/sa/28groupPost/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/com/ment/sa/28groupPost/sa/8947136-6708773413038641152">https://www.linkedin.com/feed/update/urn:li:groupPost/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/28groupPost/sa/8947136-6708773413038641152">https://www.linkedin.com/feed/update/urn:li:groupPost/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/28groupPost/sa/8947136-6708773413038641152">comment/com/ment/sa/28groupPost/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/28groupPost/sa/8947136-6708773413038641152">https://www.linkedin.com/feed/update/urn:li:groupPost/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://www.linkedin.com/feed/update/urn:li:groupPost/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://www.linkedin.com/ment/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://occ.com/ment/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://occ.com/ment/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://occ.com/ment/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://occ.com/ment/sa/8947136-6708773413038641152</a> <a href="mailto:com/ment/sa/8947136-6708773413038641152">https://occ.com/ment/sa/8947136-6708773413038641152</a> <a

6/08/73413038641152%2C6709451805148942338%29&replyUrn=urn%3Ali%3Acomment%3A %28groupPost%3A8947136-6708773413038641152%2C6709468543114608640%29 Every day I wonder whether it is pointless to point this point out in a culture that so determinedly misses it in one way and another:-

"Life is lived co-creatively in the dynamic, mutually inclusive balance between negative (receptive) and positive (responsive) influences, not in the divorce of one from the other."

To miss this point brings profound disappointment - and worse.

https://lnkd.in/dc7fQwr; https://www.linkedin.com/posts/alan-rayner-258976a\_the-gamma-principlepdf-activity-6710110343537930240-EGeK

Although I appreciate the essence of what I feel you are saying here, I do have some difficulties with how you have expressed it, which could be interpreted to imply that 'objective reality' is complete, subjective perception is selective' That notion resides at the heart of abstract rationality, and can actually contribute to a feeling of 'I'm not good enough', based on an externalised judgement of self-worth. In other words it is the self-objectification of self that can so easily result in selective inattention and feelings of worthlessness or worse.

https://medium.com/@admrayner/beyond-objectification-2fd78c8836e4

I'm a Perceiver, Not a Believer...

https://lnkd.in/dGcWK-S

https://www.linkedin.com/posts/alan-rayner-258976a\_im-a-perceiver-activity-6710480645497352192-FPSz

Then I saw her faith Now I'm a perceiver I couldn't deceive her If I tried

https://www.linkedin.com/feed/update/urn:li:activity:6710480645497352192?commentUrn=urn%3Ali%3Acomment%3A%28activity
%3A6710480645497352192%2C6710570707782258688%29

I wouldn't describe either of those two poles as Love or Wisdom, I'd describe Love & Wisdom as residing in the flow between. cf https://www.linkedin.com/posts/alan-rayner-258976a\_im-a-perceiver-activity-6710480645497352192-FPSz;

https://www.linkedin.com/feed/update/urn:li:activity:6710474918624010240?commentUrn=urn %3Ali%3Acomment%3A%28activity

%3A6710474918624010240%2C6710475589599408128%29&replyUrn=urn%3Ali%3Acomment %3A%28activity%3A6710474918624010240%2C6710482308564058112%29

I wonder how many people recognise the contribution Darwinian selection theory has made - and continues to make - to our current environmental, social and psychological crisis?

When I witness supposedly 'green' thinkers openly espousing 'the preservation of favoured races in the struggle for life', a surge of nausea travels through me.

There is a subtly but radically different way of understanding biological evolution and our human place within it. It has never been more needed than now.

https://lnkd.in/df4heyj; https://www.linkedin.com/posts/alan-rayner-258976a evolutionary-flow-activity-671083222503998976- EHj

Thanks. That get's closer to what I envisage, although I tend to emphasize 'thriving' more than 'surviving' (recognising that 'dormancy' is a predominant mode of survival in nature). I also emphasize 'fitting' (implying dynamic relationship) rather than 'fittest' and co-creative 'Inclusion of the Possible' than eliminative 'Exclusion of the Impossible'. So a phrasing along the lines of 'Thriving of the Possible, in co-creative, receptive-responsive relationship' would align quite well.

Energy flows naturally from surplus (+ve) to deficit (-ve) and in the process co-creates the diversity of life on Earth fed mostly and ultimately by sunlight.

All life forms, as co-creations of positive and negative, are, at heart, centres of local deficit (receptive space) in need of this supply (energetic flux) in order to thrive. Human beings are no exception. We are all needful creatures and that does not make us weaklings. What does make us weaklings is deprivation of this supply through its diversion to centres of surplus. Such is the cancerous perversion of human cultures that regard 'positive' as 'good' and 'negative' as 'bad'. If 'good' = fulfilled need and 'bad' = unfulfilled need, then to feed 'good' at the expense of 'bad' will only exacerbate 'bad's' sense of deprivation and desperation and 'good's' greed for more than it needs.

In which case, 'bad' has a 'good' point to make, and needs to be heard, before it becomes extinct, bringing 'good' crashing down with it.

https://lnkd.in/dig75cc; https://www.linkedin.com/posts/alan-rayner-258976a natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow

No. As it currently stands, Coordination Dynamics falls short of recognising the source of receptive agency in all life forms, due to its third person stance.

Erm, I don't think there's any such thing as sustainable capitalism. Or sustainable socialism, for that matter. Real life is a flow dynamic, not a jigsaw puzzle. cf <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow">https://www.linkedin.com/posts/alan-rayner-258976a\_natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow</a>

Here's my response to that programme:- https://www.linkedin.com/posts/alan-rayner-258976a\_natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow; https://www.linkedin.com/feed/update/urn:li:activity:6711191256501899264?commentUrn=urn %3Ali%3Acomment%3A%28activity%3A6711191256501899264%2C6711217497334407168%29

Yes, I felt that the programme lacked any deep psychological or philosophical insight into what has brought us to this pass - which has roots extending back for millennia! Here's my personal response to it:- https://lnkd.in/dig75cc; https://www.linkedin.com/posts/alan-rayner-258976a\_natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow; https://www.linkedin.com/feed/update/urn:li:activity:6711173246307360769?commentUrn=urn %3Ali%3Acomment%3A%28activity
%3A6711173246307360769%2C6711213039749758977%29&replyUrn=urn%3Ali%3Acomment

<u>%3A\%28activity\%3A\6711173246307360769\%2C\6711213039749758977\%29\&reply\Urn=\urn\%3A\1\\%3A\comment</u>

Thanks! The question is 'would they admit it to themselves?' That's where egoic pride becomes the stumbling block.

Are you equating negative with 'bad'? What gives me pure joy is the understanding that negativity is receptivity, which invites responsive positivity into life. What causes me pain is the denigration of negative as something positive needs to get rid of (which is what's gone wrong with our positivistic/egoistic culture) <a href="https://www.linkedin.com/posts/alan-rayner-258976a\_natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow">https://www.linkedin.com/posts/alan-rayner-258976a\_natural-flow-form-a-mutual-inclusion-of-activity-6711181104650432512-ehow</a>

Life evolves as a flow-dynamic in open space, which, starting from 'round' one [not 'square' one] forms locally into stars & stripes, circles, lines, spirals, ripples, branches, networks and tessellations. It is neither a winner-takes-all competition in a closed box of space nor a gridlocked

web of interconnectedness. Both the latter concepts arise from a partial view of reality that causes psychological, social and environmental harm. And both are rooted in egoistic pride and prejudice, not honest sense and sensibility.

https://lnkd.in/dvAJ\_K2; https://www.linkedin.com/posts/alan-rayner-258976a\_the-origin-of-life-patterns-in-the-natural-activity-6711601849193009152-weT8

Trouble is that this view of networks is still coming from an abstract, objectifying mindset and has little to do with natural evolutionary processes and flow-geometry.

 $https://www.linkedin.com/posts/alan-rayner-258976a\_the-origin-of-life-patterns-in-the-natural-activity-6711601849193009152-weT8 \ ;$ 

https://www.linkedin.com/feed/update/urn:li:activity:6711614955990372352?commentUrn=urn %3Ali%3Acomment%3A%28activity%3A6711614955990372352%2C6711624061262286848%29

Yes, models are a great source of insight when compared with the real situation, I agree. The problem comes when they are confused with the real situation. And this happens again and again in objectivistic science, to the detriment of wider human understanding. This leads to the popularization of science myth or scientism. And, to my mind, evolutionary biology is one of the worst examples.

I'd be inclined to replace the word 'knowledge' with 'wisdom' in this equation. I've met plenty of very knowledgeable and very egoistic people, especially within objectivistic science and philosophy. As Heraclitus is said to have put it: 'Knowledge of many things is not wisdom, wisdom is one thing, the understanding of how all is steered through all'. And I've met very few people who can grok that, or translate it into a scientifically meaningful form. cf

https://www.linkedin.com/posts/alan-rayner-258976a\_the-origin-of-life-patterns-in-the-natural-activity-6711601849193009152-weT8;

Selective ignorance: how rationalistic hindsight leads to misrepresentation, misunderstanding, misdiagnosis, miseducation and mismanagement through the oversimplification of history into a linear sequence of cause and effect.

How many 'leaders' have fallen for it? How many of us have suffered individually and collectively for it in a culture that regularly misattributes blame, shame and credit? Why can't we 'get wise' to it through the simple Heraclitean understanding of how all is steered through all and Pasteur's dying realization that 'the terrain is all'?

This is why I feel it is so vital for us to move on from the abstract evolutionary paradigm of 'natural selection' to the fundamental evolutionary principle of 'natural inclusion'.

 $\frac{https://lnkd.in/d6ySxSz}{https://www.linkedin.com/posts/alan-rayner-258976a} + \frac{hook-line-sinker-activity-6712266694099812352-7IqF}{https://lnkd.in/d6ySxSz}$ 

Start questioning the assumptions (1) that it's a whole; (2) that it's a web. Then review the whole way of thinking that leads to selective ignorance, and think afresh. cf

 $https://www.linkedin.com/posts/alan-rayner-258976a\_hook-line-sinker-activity-6712266694099812352-7IqF\\$ 

I appreciate this practice, and it is one I seek to follow myself in making my work on natural inclusion freely available -as a 'gift' - to anyone who wants to know (see http://www.spanglefish.com/exploringnaturalinclusion). And yet I also have to acknowledge that the contribution to human understanding and flourishing that I want to make will come to nothing if it is ignored. And I also have to acknowledge that in the natural world every giver needs also to be a

receiver (every source needs also to be a sink) if it is not to become exhausted. This is the basis of the 'gift economy' of indigenous cultures where what goes around also needs to come around. Cancerous growth arises from receiving without returning the favour (as per capitalism): the giver succumbs from starvation.

https://www.linkedin.com/feed/update/urn:li:activity:6712128575904063488? commentUrn=urn%3Ali%3Acomment%3A%28activity %3A6712128575904063488%2C6712284747541872640%29

Yes, a deepened understanding of our needfulness as living creatures - not performing objects - is what I feel is very badly needed in a culture that is dominated on the one hand by the misconception of life as a 'struggle for existence' in which 'need' is perceived as 'weakness', and on the other by the moral expectation to be altruistic. Neither of these is viable.

At heart I am concerned with understanding what we need in order to 'live, love and be loved' in reasonable comfort and security, not overlooking this in pursuit of one unrealistic ideal or another. cf <a href="https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844">https://medium.com/@admrayner/breaching-the-great-lie-that-isolates-individual-good-from-common-good-cf975f992844</a>

As William Blake put it: 'Nature is imagination itself'... but our search for a 'designer' has us look in vain outside of everywhere and come up with all sorts of definitive non-sense. cf

 $https://www.linkedin.com/posts/alan-rayner-258976a\_hook-line-sinker-activity-6712266694099812352-7 IqF;\\$ 

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#### **Fare Well Gesture**

Every day I've wondered What good am I doing here?

Not a lot, it seems
So, I'll simply wish you all fare well
And say:
If you truly seek personal and cultural transformation
Stop thinking definitive whole and part
Start feeling
Receptive hole and heart

18/09/2020